



TriAthly 2007
 THE YEAR OF THE BARROW
 2 June 2007

INDIVIDUAL WOMENS SPRINT RACE
 AGE CATEGORY TIMES
 (20-24, 25-29, 30-34, 35-39, VET)

Age Category	Age Category Rank	Bib	Name	Swim Time	Swim Rank	Transition 1	T1 Rank	Cycle	Cycle Rank	Transition 2	T2 Rank	Run	Run Rank	Overall
20-24 yrs	1	386	Cha O'DONNELL	00:11:34	3	00:02:49	3	00:46:44	2	00:01:10	3	00:25:25	1	01:27:41
20-24 yrs	2	484	Sinead O'DONNELL	00:10:56	2	00:02:32	2	00:45:56	1	00:01:04	1	00:31:04	2	01:31:30
20-24 yrs	3	428	Lorna GLEESON	00:12:45	4	00:01:57	1	00:49:44	3	00:01:10	3	00:34:41	4	01:40:15
20-24 yrs	4	374	Munya KANGARA	00:09:52	1	00:05:34	4	00:56:36	4	00:01:09	2	00:31:41	3	01:44:50



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25-29 yrs	1	410	Eimear CONNERY	00:08:59	2	00:01:46	5	00:38:35	1	00:00:38	1	00:26:16	5	01:16:13
25-29 yrs	2	429	Rachel GLENDON	00:09:14	4	00:01:51	8	00:39:08	2	00:00:50	2	00:29:12	12	01:20:12
25-29 yrs	3	384	Grainne MCGUCKIAN	00:09:14	4	00:01:46	5	00:42:27	13	00:01:04	9	00:26:09	4	01:20:38
25-29 yrs	4	494	Aimee POWDERLY	00:09:40	8	00:01:20	2	00:41:08	7	00:01:12	14	00:27:33	7	01:20:50
25-29 yrs	5	549	Helen KEANE	00:10:08	13	00:02:25	16	00:41:58	9	00:01:07	11	00:25:58	3	01:21:34
25-29 yrs	6	543	Kathy GRASSICK	00:12:35	21	00:02:02	12	00:41:06	6	00:01:02	8	00:25:43	1	01:22:26
25-29 yrs	7	478	Gail O DONOGHUE	00:09:47	10	00:01:38	4	00:40:34	5	00:01:08	12	00:29:22	14	01:22:28
25-29 yrs	8	422	Jane EVANS	00:10:00	12	00:01:09	1	00:41:34	8	00:01:00	7	00:28:59	11	01:22:41
25-29 yrs	9	497	Emma REARDON	00:10:09	14	00:01:50	7	00:40:07	4	00:01:23	18	00:29:23	15	01:22:50
25-29 yrs	10	433	Sonia HARBOURNE	00:11:19	16	00:03:21	25	00:41:58	9	00:01:28	22	00:25:50	2	01:23:54
25-29 yrs	11	373	Alison KANE	00:09:06	3	00:01:35	3	00:41:59	11	00:00:53	4	00:31:03	21	01:24:35
25-29 yrs	12	475	Emma MURPHY	00:11:37	18	00:02:00	11	00:43:02	15	00:01:23	18	00:28:29	9	01:26:28
25-29 yrs	13	507	Eileen SWEENEY	00:09:19	6	00:02:42	18	00:45:07	18	00:00:57	6	00:28:25	8	01:26:29
25-29 yrs	14	360	Jennifer GREENE	00:08:12	1	00:02:50	20	00:42:20	12	00:01:19	16	00:32:48	22	01:27:28
25-29 yrs	15	481	Jennifer O REILLY	00:09:30	7	00:02:07	13	00:40:02	3	00:01:23	18	00:35:02	24	01:28:03
25-29 yrs	16	535	Sinead DEMPSEY	00:12:48	22	00:01:54	9	00:44:27	16	00:01:09	13	00:29:14	13	01:29:30
25-29 yrs	17	553	Suzanne LOVELY	00:09:45	9	00:01:58	10	00:45:59	19	00:01:35	24	00:31:00	20	01:30:14
25-29 yrs	18	547	Karen HENNESSY	00:12:54	23	00:02:48	19	00:42:58	14	00:02:02	28	00:30:17	17	01:30:56
25-29 yrs	19	560	Norah NELSON	00:11:26	17	00:02:55	21	00:47:41	21	00:01:05	10	00:28:42	10	01:31:47
25-29 yrs	20	468	Mary MCEVOY	00:14:05	26	00:02:08	14	00:49:22	23	00:00:51	3	00:27:22	6	01:33:46
25-29 yrs	21	517	Susan BRENNAN	00:13:44	25	00:03:06	23	00:47:02	20	00:00:55	5	00:30:42	18	01:35:27
25-29 yrs	22	568	Esther RICHARDSON	00:11:39	19	00:03:24	26	00:44:59	17	00:01:35	24	00:36:01	25	01:37:36
25-29 yrs	23	380	Carol CURTIS	00:15:07	27	00:02:28	17	00:48:45	22	00:01:43	26	00:29:38	16	01:37:40
25-29 yrs	24	639	Bridget O HALLORAN	00:11:01	15	00:03:53	27	00:53:39	24	00:01:32	23	00:30:45	19	01:40:48
25-29 yrs	25	612	Maren HEYER	00:11:41	20	00:04:01	28	00:53:41	25	00:01:19	16	00:34:37	23	01:45:17
25-29 yrs	26	455	Leanne MASTERS	00:09:49	11	00:02:23	15	00:58:30	28	00:01:18	15	00:40:45	28	01:52:43
25-29 yrs	27	548	Grainne HURLEY	00:17:42	28	00:03:15	24	00:55:09	26	00:01:23	18	00:36:37	26	01:54:05
25-29 yrs	28	550	Emer KENNEDY	00:13:08	24	00:03:00	22	00:56:57	27	00:01:45	27	00:39:17	27	01:54:05



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30-34 yrs	1	466	Noelle MCDONALD	00:08:36	3	00:01:46	4	00:38:06	1	00:01:14	12	00:23:33	1	01:13:13
30-34 yrs	2	381	Sinead MCBREEN	00:07:54	2	00:01:28	3	00:39:06	3	00:01:12	11	00:24:45	2	01:14:23
30-34 yrs	3	477	Clodagh MYERS	00:09:45	6	00:01:21	1	00:39:08	4	00:01:47	14	00:28:24	6	01:20:23
30-34 yrs	4	452	Mark MACAULAY	00:10:53	10	00:02:36	10	00:38:22	2	00:01:04	6	00:27:37	4	01:20:30
30-34 yrs	5	643	Iarlagh O'DEA	00:10:24	8	00:02:51	13	00:45:01	7	00:01:01	3	00:25:33	3	01:24:49
30-34 yrs	6	504	Gillian STOPFORD	00:10:35	9	00:01:23	2	00:45:00	6	00:01:21	13	00:33:20	15	01:27:45
30-34 yrs	7	577	Alison WELLWOOD	00:13:02	13	00:02:14	6	00:45:31	9	00:01:03	5	00:27:50	5	01:29:37
30-34 yrs	8	474	Ciara MURPHY	00:08:44	4	00:02:21	9	00:44:10	5	00:01:48	15	00:32:39	13	01:29:41
30-34 yrs	9	443	Deirdre KEARNEY	00:07:32	1	00:01:52	5	00:48:04	13	00:00:51	1	00:33:47	16	01:32:04
30-34 yrs	10	571	Avril SHORTEN	00:13:03	14	00:02:19	8	00:45:50	11	00:02:07	16	00:30:58	9	01:34:15
30-34 yrs	11	439	Sheila HORAN	00:14:15	17	00:02:46	12	00:45:23	8	00:00:58	2	00:31:25	11	01:34:45
30-34 yrs	12	587	Yvonne BUCKLEY	00:12:10	11	00:02:17	7	00:51:27	15	00:01:09	9	00:29:17	7	01:36:19
30-34 yrs	13	657	Mary WARD	00:13:53	15	00:03:36	15	00:45:48	10	00:02:12	17	00:31:12	10	01:36:40
30-34 yrs	14	540	Maura GAFFNEY	00:09:16	5	00:04:23	17	00:49:15	14	00:01:02	4	00:32:58	14	01:36:52
30-34 yrs	15	629	Meave MCGUCKIAN	00:10:05	7	00:02:39	11	00:51:54	16	00:01:06	8	00:32:27	12	01:38:11
30-34 yrs	16	656	Deirdre WALSH	00:14:01	16	00:04:01	16	00:57:48	17	00:01:11	10	00:30:11	8	01:41:37
30-34 yrs	17	563	Jane NOLAN	00:12:14	12	00:03:22	14	00:46:37	12	00:01:05	7	00:40:03	17	01:43:19



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35-39 yrs	1	388	Deirdre O'TOOLE	00:09:15	1	00:00:52	1	00:37:44	1	00:00:46	1	00:24:42	4	01:13:17
35-39 yrs	2	355	Ailis BROSANAN	00:10:22	3	00:01:43	3	00:38:46	3	00:00:57	3	00:22:35	1	01:14:20
35-39 yrs	3	421	Mary DUNNE	00:11:30	6	00:01:21	2	00:37:50	2	00:01:26	9	00:27:53	6	01:19:59
35-39 yrs	4	395	Angie AMOEDO	00:11:15	4	00:01:58	5	00:43:54	6	00:01:29	11	00:24:23	3	01:22:58
35-39 yrs	5	638	Imelda O DEA	00:12:37	9	00:02:17	6	00:41:17	4	00:01:56	12	00:26:15	5	01:24:19
35-39 yrs	6	621	Shenda LOUGHNANE	00:12:04	8	00:01:51	4	00:42:06	5	00:01:27	10	00:28:52	7	01:26:18
35-39 yrs	7	459	Cara MCALEER	00:11:28	5	00:02:39	7	00:52:07	9	00:00:53	2	00:30:01	8	01:37:07
35-39 yrs	8	506	Barbara SWEENEY	00:09:22	2	00:03:17	8	00:55:35	11	00:01:02	4	00:30:51	9	01:40:05
35-39 yrs	9	476	Denise MURPHY	00:13:29	10	00:03:35	9	00:48:24	7	00:01:08	6	00:34:56	12	01:41:30
35-39 yrs	10	628	Lia MCFARLAND	00:11:40	7	00:04:23	12	01:00:59	12	00:01:08	6	00:23:52	2	01:41:59
35-39 yrs	11	633	Helen MOORE	00:14:56	11	00:03:53	10	00:52:31	10	00:01:17	8	00:33:34	11	01:46:10
35-39 yrs	12	619	Nuala LAWLESS	00:18:58	12	00:04:17	11	00:51:11	8	00:01:05	5	00:32:52	10	01:48:21



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40-44 yrs	1	456	Kimberley MASUDA	00:09:44	1	00:02:36	2	00:43:34	2	00:01:32	4	00:25:57	1	01:23:21
40-44 yrs	2	561	Deirdre NICHAMHANAIGH	00:11:55	5	00:03:31	3	00:46:15	3	00:02:13	6	00:28:41	2	01:32:34
40-44 yrs	3	575	Catherine ULLWER	00:11:47	4	00:04:35	5	00:42:32	1	00:02:05	5	00:32:37	4	01:33:34
40-44 yrs	4	594	Helen CONNOLLY	00:11:44	3	00:02:34	1	00:47:27	4	00:01:10	2	00:32:28	3	01:35:22
40-44 yrs	5	425	Nuala FORDE	00:11:14	2	00:04:20	4	00:47:42	5	00:01:26	3	00:32:56	5	01:37:36
40-44 yrs	6	626	Tambu MCCLEAN	00:16:44	6	00:04:50	6	01:20:08	6	00:01:09	1	00:46:14	6	02:29:03



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45-49 yrs	1	401	Kate BULLMAN	00:09:35	1	00:01:32	1	00:43:46	1	00:00:59	2	00:31:54	3	01:27:43
45-49 yrs	2	562	Trish NICHOLLS	00:10:33	3	00:02:08	2	00:45:53	2	00:00:54	1	00:28:38	1	01:28:03
45-49 yrs	3	414	Susan DAVIES	00:09:46	2	00:02:56	3	00:46:41	3	00:01:08	3	00:29:42	2	01:30:11