



Race No	Position	Age Category Position	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
28	1	1	Fraser	Cartmel	25-29	Total Racing Inc	One Day Licence	00:15:35	3	00:00:54	8	00:57:32	1	00:00:42	2	00:31:59	4	01:46:44			01:46:44	1
108	2	2	Bryan	Keane	25-29	BRATS	TN0904633-1079	00:16:41	5	00:00:55	9	00:58:33	4	00:01:05	75	00:30:36	1	01:47:52			01:47:52	2
78	3	1	James	Giifillan	30-34	Primera-bournemouth.co.uk	One Day Licence	00:16:42	6	00:01:06	28	00:58:19	3	00:00:56	22	00:32:11	5	01:49:16			01:49:16	3
81	4	1	David	Graham	23-24		TN0900759	00:15:16	2	00:00:49	2	01:00:26	5	00:00:50	5	00:32:49	7	01:50:13			01:50:13	4
27	5	2	Brian	Campbell	30-34	Hi-Elbow	TN0901688	00:17:16	8	00:00:53	7	01:03:13	20	00:00:55	19	00:31:21	3	01:53:41			01:53:41	5
64	6	3	Nick	Dunn	25-29	TFN	One Day Licence	00:18:48	18	00:01:05	21	01:01:07	9	00:00:52	11	00:32:22	6	01:54:15			01:54:15	6
230	7	1	Trevor	Woods	35-39	Cork Tri	TN0901669	00:17:21	9	00:00:56	10	01:01:31	10	00:01:01	50	00:33:47	10	01:54:39			01:54:39	7
140	8	4	Bryan	Mccrystal	25-29	NOT ISSUED YET	TN0901267	00:20:13	27	00:00:48	1	00:57:54	2	00:01:01	50	00:35:04	16	01:55:02			01:55:02	8
120	9	5	Bjorn	Ludick	25-29	Wicklow Tri	Tn0904338	00:17:00	7	00:00:52	5	01:01:39	11	00:00:57	27	00:34:48	14	01:55:19			01:55:19	9
48	10	1	James	Woods	U23	pulse tri club	TN0902896	00:17:30	11	00:01:15	64	01:01:01	7	00:00:53	15	00:37:40	48	01:58:21			01:58:21	10
204	11	2	Mark	Riseley	35-39	3d tri	TN0901121	00:19:28	22	00:01:10	38	01:02:57	17	00:00:37	1	00:34:12	12	01:58:26			01:58:26	11
122	12	3	Joe	Lynch	30-34	PULSE	TN0901701	00:21:24	54	00:01:06	28	01:01:42	12	00:00:50	5	00:33:35	9	01:58:40			01:58:40	12
167	13	6	Mark	Nolan	25-29	CTC	TN0902411	00:21:37	61	00:01:05	21	01:01:01	7	00:00:59	34	00:34:29	13	01:59:15			01:59:15	13
111	14	7	Darren	Kelly	25-29	Wicklow Triathlon Club	TN0904145	00:18:52	19	00:00:52	5	01:03:17	22	00:00:50	5	00:36:09	26	02:00:03			02:00:03	14
54	15	8	Liam	Dolan	25-29	Setanta Triathlon Club	TN0900543	00:24:12	187	00:01:29	135	01:00:36	6	00:01:02	55	00:33:01	8	02:00:23			02:00:23	15
211	16	4	Shane	Scully	30-34	Nenagh Triathlon	TN0900057	00:18:36	15	00:01:01	14	01:04:03	33	00:00:58	30	00:36:49	38	02:01:29			02:01:29	16
210	17	1	Shane	Scadding	40-44	Waterford Triathlon Club	TN0900355	00:20:25	30	00:01:13	54	01:02:00	14	00:00:52	11	00:37:07	42	02:01:41			02:01:41	17
219	18	5	Chris	Upton	30-34	Wicklow	TN0904095	00:23:00	118	00:01:19	84	01:01:44	13	00:01:10	113	00:34:59	15	02:02:15			02:02:15	18
159	19	3	Kevin	Moloney	35-39	Limerick TC	TN0901358	00:19:33	23	00:01:20	89	01:02:48	16	00:00:53	15	00:37:43	49	02:02:19			02:02:19	19
228	20	6	Eric	Wolfe	30-34	Cork Tri	Tn0900745	00:20:23	29	00:01:04	18	01:04:34	40	00:01:02	55	00:36:44	35	02:03:50			02:03:50	20
46	21	2	Owen	Cummins	U23	Cork	SN0905227	00:16:01	4	00:01:06	28	01:07:16	109	00:01:08	98	00:38:48	70	02:04:22			02:04:22	21
174	22	9	Michael	O'brien	25-29	Limerick Triathlon Club	TN0900273	00:21:12	48	00:01:15	64	01:05:13	58	00:00:59	34	00:35:41	22	02:04:23			02:04:23	22
125	23	4	Alan	Maye	35-39	Midlands Tri Club	TN0901693	00:22:50	106	00:00:49	2	01:03:13	20	00:00:56	22	00:36:36	31	02:04:27			02:04:27	23
107	24	10	Noel	Kavanagh	25-29	wicklowtri	TN0900294-1078	00:21:54	72	00:01:10	38	01:04:06	37	00:01:01	50	00:36:33	29	02:04:46			02:04:46	24
96	25	5	Brian	Heffernan	35-39	3d tri	TN0901560	00:21:48	68	00:02:19	401	01:03:00	18	00:01:09	104	00:36:43	33	02:05:00			02:05:00	25
65	26	11	Mark	Dunne	25-29	pulse tri club	Ti0900404-915	00:18:42	17	00:01:16	70	01:07:39	117	00:00:57	27	00:36:30	28	02:05:07			02:05:07	26
146	27	12	Oisin	Mcgrath	25-29		TN0902369	00:17:52	12	00:01:15	64	01:09:39	167	00:01:01	50	00:35:27	19	02:05:17			02:05:17	27
144	28	6	Michael	Mcgloin	35-39	Piranha Tri	tn0904337	00:22:39	97	00:01:10	38	01:03:24	23	00:01:25	255	00:36:47	36	02:05:28			02:05:28	28
35	29	7	Niall	Collins	35-39	Limerick	TN0900085	00:24:01	173	00:00:56	10	01:03:59	31	00:00:58	30	00:35:35	21	02:05:31			02:05:31	29
127	30	13	Niall	McAlinden	25-29	Trinity College Dublin	SN0901551	00:22:53	111	00:01:24	111	01:03:58	30	00:01:11	121	00:36:03	25	02:05:32			02:05:32	30
126	31	8	Cian	Mc grath	35-39	Wickow	TN0901115	00:19:54	25	00:01:00	13	01:05:32	63	00:00:58	30	00:38:09	53	02:05:36			02:05:36	31
99	32	7	Mark	Horan	30-34	PULSE	tn0905705	00:23:22	134	00:01:11	44	01:03:52	29	00:01:03	64	00:36:10	27	02:05:40			02:05:40	32
82	33	14	Mairtin	Greathish	25-29	Predator	TN0900903-986	00:23:05	120	00:01:27	126	01:05:09	53	00:01:09	104	00:35:30	20	02:06:22			02:06:22	33
92	34	15	Donal	Harte	25-29	PULSE	One Day Licence	00:17:26	10	00:01:05	21	01:05:08	51	00:00:59	34	00:41:58	167	02:06:39			02:06:39	34
168	35	8	Philip	Nolan	30-34	Belpark	TN09026201392	00:23:58	168	00:01:13	54	01:03:06	19	00:00:48	4	00:37:37	47	02:06:44			02:06:44	35
232	36	16	Paul	Reape	25-29	Pulse Tri	TN0902825	00:22:21	86	00:01:07	32	01:04:03	33	00:01:00	43	00:38:21	58	02:06:56			02:06:56	36
197	37	9	Davin	Power	30-34	Waterford Triathlon Club	TN0901746	00:21:15	51	00:01:05	21	01:05:41	72	00:00:59	34	00:37:54	51	02:06:57			02:06:57	37
158	38	2	Alan	Mitchell	23-24		TN0900627	00:18:20	13	00:01:12	49	01:08:12	133	00:00:52	11	00:38:29	62	02:07:08			02:07:08	38
39	39	9	Daniel	Conroy	35-39		One Day Licence	00:22:01	76	00:01:12	49	01:04:05	35	00:01:06	84	00:38:42	68	02:07:09			02:07:09	39
855	40	10	Robert	Wormald	35-39	Cork Tri	SN0904140	00:21:45	67	00:01:15	64	01:05:54	80	00:01:04	69	00:37:15	43	02:07:16			02:07:16	40
139	41	11	William	Mccormack	35-39	Belpark	TN0901451	00:19:52	24	00:01:13	54	01:06:06	82	00:01:17	184	00:38:59	75	02:07:29			02:07:29	41
198	42	12	John	Power	35-39	3 DTri	TN0905646 - 2627	00:22:00	74	00:01:22	103	01:05:51	77	00:01:29	303	00:36:50	39	02:07:34			02:07:34	42
113	43	1	Ronnie	Kidd	45-49	Triangle	TN0902808	00:23:22	134	00:01:22	103	01:05:05	49	00:01:02	55	00:36:47	36	02:07:41			02:07:41	43
209	45	17	Mike	Ryder	25-29	Galway Tri Club	SN0903600	00:22:51	109	00:01:03	17	01:03:34	25	00:00:59	34	00:39:22	80	02:07:52			02:07:52	44
105	46	18	Andrew	Kavanagh	25-29	Wicklow Triathlon	TN0901699	00:20:37	33	00:01:01	14	01:05:28	62	00:01:00	43	00:39:44	91	02:07:53			02:07:53	45
37	47	13	Paul	Connolly	35-39	Naas TC	TN0900528	00:18:38	16	00:01:30	140	01:04:36	41	00:01:42	412	00:41:26	156	02:07:55			02:07:55	46
154	48	10	Conor	Mcnamara	30-34	T3 Tri Club	TN0900114	00:21:20	52	00:01:47	224	01:04:37	42	00:01:19	202	00:38:51	73	02:07:56			02:07:56	47
10	49	14	Ian	Barrett	35-39	Hi-Elbow	TN0901175	00:23:56	164	00:01:46	218	01:05:19	59	00:01:09	104	00:35:46	23	02:07:59			02:07:59	48
171	50	11	Gary	O donnell	30-34	North West Tri Club	TN0902067	00:21:24	54	00:01:12	49	01:06:20	87	00:00:57	27	00:38:40	65	02:08:36			02:08:36	49
721	51	3	James	Hoare	23-24	Piranha	SN0900337	00:21:44	66	00:01:30	140	01:06:16	86	00:00:45	3	00:38:19	57	02:08:37			02:08:37	50
91	52	12	Oliver	Harkin	30-34	Newry Triathlon Club	TN0900432	00:23:10	122	00:01:01	14	01:04:10	38	00:00:51	10	00:39:26	82	02:08:42			02:08:42	51
19	53	1	John	Bruton	50-54	John Bruton	TN0906561	00:20:50	37	00:01:36	167	01:05:11	56	00:01:20	209	00:39:59	96	02:08:58			02:08:58	52
72	54	2	Paul	Fletcher	40-44	Triangle	TN0906794	00:21:50	71	00:01:30	140	01:07:54	121	00:01:06	84	00:36:35	30	02:08:58			02:08:58	52
160	55	15	Simon	Moore	35-39	Wicklow	TN0900883	00:23:21	132	00:00:59	12	01:04:46	45	00:00:50	5	00:39:24	81	02:09:23			02:09:23	54



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
205	57	13	Antoine	Rivoire	30-34	peninsula tri	TN091958	00:22:16	82	00:01:57	284	01:04:38	43	00:01:22	228	00:39:12	79	02:09:28			02:09:28	55
61	58	3	Gerry	Duffy	40-44	Midland Triathlon Club	TN0901106	00:20:46	35	00:01:36	167	01:06:30	92	00:01:16	174	00:39:39	86	02:09:50			02:09:50	56
835	59	19	Colm	Sheahan	25-29	Cork	TN0900809	00:21:48	68	00:01:21	96	01:07:23	113	00:01:09	104	00:38:15	54	02:09:59			02:09:59	57
147	60	1	Desmond	Mchenry	60-64	olympian	TN0902270	00:23:20	131	00:01:47	224	01:03:49	28	00:00:56	22	00:40:11	104	02:10:05			02:10:05	58
60	61	14	Dessie	Duffy	30-34		tn0905413	00:23:54	161	00:01:39	184	01:04:41	44	00:01:21	216	00:38:37	64	02:10:14			02:10:14	59
1034	62	15	Brian	Roche	30-34	Belpark	TN0902671	00:25:01	237	00:01:05	21	01:06:09	83	00:01:10	113	00:36:55	40	02:10:23			02:10:23	60
53	63	4	John	Deegan	40-44	Limerick	TN0901218	00:23:36	148	00:01:53	260	01:04:02	32	00:01:13	139	00:39:41	88	02:10:27			02:10:27	61
825	64	20	Patrick	Quinn	25-29	Ennis Tri Club	tn0900206	00:23:00	118	00:01:07	32	01:06:22	89	00:00:56	22	00:39:00	76	02:10:27			02:10:27	61
24	65	16	Owen	Byrne	30-34	Carrick-On-Suir	TN0901398	00:21:31	59	00:01:34	158	01:06:05	81	00:01:22	228	00:39:53	95	02:10:28			02:10:28	63
101	66	21	Ciaran	Hughes	25-29	Newry Tri	TN0902119	00:24:22	197	00:01:14	57	01:03:41	26	00:00:52	11	00:40:24	112	02:10:36			02:10:36	64
123	67	22	Rory	Maguire	25-29	Serpentine	TN0904263	00:26:01	298	00:01:41	194	01:06:41	96	00:01:17	184	00:35:04	16	02:10:47			02:10:47	65
231	68	17	Daniel	Wrafter	30-34		One Day Licence	00:20:03	26	00:01:14	57	01:08:06	126	00:01:10	113	00:40:15	106	02:10:51			02:10:51	66
203	70	3	David	Richardson	U23	Limerick Triathlon Club	SN0904379	00:21:26	57	00:01:14	57	01:06:14	84	00:01:11	121	00:40:49	129	02:10:57			02:10:57	67
229	71	16	John	Woods	35-39	PULSE	TN0901740	00:20:56	40	00:01:18	80	01:06:27	91	00:01:11	121	00:41:06	140	02:11:01			02:11:01	68
134	72	23	Michael	Mccarron	25-29		TN0902820	00:22:10	80	00:01:35	162	01:07:19	111	00:01:11	121	00:38:49	72	02:11:07			02:11:07	69
215	73	17	Richard	Swallow	35-39	HiElbow Tri	TN0900357	00:22:59	116	00:01:32	149	01:04:28	39	00:01:22	228	00:40:45	125	02:11:08			02:11:08	70
13	74	5	Michael	Bowes	40-44	Waterford Tri Club	TN0900827	00:24:21	195	00:01:24	111	01:05:35	66	00:01:04	69	00:38:48	70	02:11:15			02:11:15	71
570	75	6	Thorsten	Peters	40-44	PULSE	TN0900966	00:25:17	250	00:01:52	250	01:07:02	104	00:01:13	139	00:35:52	24	02:11:18			02:11:18	72
798	76	18	Kealan	O connor	35-39	Blackwater Tri Club	TN0900845	00:25:37	277	00:01:52	250	01:02:29	15	00:01:10	113	00:40:08	98	02:11:19			02:11:19	73
115	77	19	Martin	Kirwan	35-39	Waterford Tri	TN0900215	00:24:55	227	00:02:19	401	01:04:50	46	00:01:16	174	00:38:08	52	02:11:31			02:11:31	74
214	78	18	Aubrey	Storey	30-34	3Dtri	TN0901866	00:24:09	183	00:01:08	35	01:07:49	119	00:01:26	266	00:36:57	41	02:11:31			02:11:31	74
70	79	7	Sean	Farrell	40-44	3D Triathlon Club	tn0901657	00:22:02	77	00:01:22	103	01:05:40	70	00:01:07	91	00:41:33	159	02:11:47			02:11:47	76
555	80	8	Ed	O connor	40-44	Midland Tri	TN0905466	00:26:25	327	00:01:23	108	01:06:15	85	00:01:00	43	00:36:43	33	02:11:49			02:11:49	77
206	81	4	Peter	Roberts	23-24	Pulse triathlon	TN0905874	00:25:32	274	00:01:16	70	01:05:07	50	00:01:12	127	00:38:43	69	02:11:53			02:11:53	78
131	82	2	Johnny	Mccabe	50-54	setanta	TN0901226	00:24:39	207	00:01:05	21	01:05:09	53	00:00:55	19	00:40:14	105	02:12:04			02:12:04	79
128	83	19	Declan	Mcbride	30-34	PULSE	TN0901327	00:21:48	68	00:02:03	312	01:07:37	115	00:01:30	319	00:39:06	77	02:12:06			02:12:06	80
768	84	20	Andrew	Mcguinness	35-39	Athlone Triathlon Club	TN0901861	00:21:08	44	00:01:07	32	01:08:19	137	00:01:04	69	00:40:30	117	02:12:11			02:12:11	81
177	85	24	Mark	O'duffy	25-29	Galway Triathlon Club	TN0906421	00:21:09	45	00:01:37	174	01:04:57	47	00:01:16	174	00:43:18	230	02:12:20			02:12:20	82
653	86	25	James	Costello	25-29		tn0902675	00:20:52	38	00:01:31	145	01:08:10	130	00:01:03	64	00:40:44	123	02:12:23			02:12:23	83
22	87	21	Clive	Byrne	35-39	TRICW	TN0900470-745	00:22:46	103	00:01:21	96	01:07:04	105	00:01:05	75	00:40:15	106	02:12:34			02:12:34	84
55	88	20	Conor	Dooley	30-34	3d tri	TN0900702	00:22:03	78	00:01:40	187	01:07:05	107	00:01:18	193	00:40:28	116	02:12:36			02:12:36	85
73	89	5	Darragh	Flynn	23-24	Wicklow Tri	TN0900350	00:26:56	376	00:01:11	44	01:06:57	102	00:00:56	22	00:36:36	31	02:12:39			02:12:39	86
706	90	22	Stefan	Green	35-39	Stefan Green	TN0901415	00:21:37	61	00:01:19	84	01:07:35	114	00:01:16	174	00:41:13	146	02:13:03			02:13:03	87
588	91	9	Peter	Skeffington	40-44		TN0904197	00:25:00	236	00:01:40	187	01:05:33	64	00:01:12	127	00:39:46	92	02:13:14			02:13:14	88
119	92	21	Paul	Lovett	30-34	PULSE	TN0906338	00:23:44	152	00:01:31	145	01:04:05	35	00:01:15	161	00:42:42	201	02:13:19			02:13:19	89
470	94	10	Sean	Finn	40-44	Cork Tri Club	900276938	00:24:52	224	00:01:24	111	01:05:40	70	00:01:21	216	00:40:04	97	02:13:24			02:13:24	90
15	95	11	Ronan	Bracken	40-44	Midland Triathlon Club	TN0900066	00:21:40	64	00:01:05	21	01:05:41	72	00:01:19	202	00:43:36	240	02:13:25			02:13:25	91
875	96	22	Eoin	Brennan	30-34		One Day Licence	00:23:27	139	00:02:59	524	01:08:39	144	00:02:57	637	00:35:25	18	02:13:29			02:13:29	92
136	97	23	Hugh	Mccarthy	30-34	Ennis	TN0902582	00:21:54	72	00:02:04	323	01:06:54	99	00:01:31	332	00:41:05	139	02:13:30			02:13:30	93
227	98	12	Norman	Wilson	40-44	Peninsula	TN0902692385	00:25:54	294	00:01:20	89	01:04:58	48	00:01:06	84	00:40:15	106	02:13:37			02:13:37	94
646	99	23	Niall	Casey	35-39	setanta	TN0900969	00:23:27	139	00:01:45	210	01:05:11	56	00:01:02	55	00:42:14	175	02:13:41			02:13:41	95
522	100	13	Larry	Mcateer	40-44	Hi Elbow	TN0901185	00:24:07	178	00:02:18	396	01:06:20	87	00:01:23	239	00:39:41	88	02:13:51			02:13:51	96
85	101	24	Conor	Griffin	30-34	Predator Triathlon Club	TN0901812	00:22:32	92	00:01:32	149	01:03:31	24	00:01:36	370	00:44:38	278	02:13:52			02:13:52	97
766	102	26	Niall	McDonnell	25-29	Piranha	TN0902201	00:21:29	58	00:01:09	37	01:11:44	242	00:01:07	91	00:38:27	61	02:14:00			02:14:00	98
31	103	14	Richard	Cattle	40-44	Belaprk	TN0901380	00:22:54	112	00:01:14	57	01:05:39	68	00:01:09	104	00:43:08	222	02:14:07			02:14:07	99
161	104	2	Ger	Mulhall	45-49	3 D Tri	TN0900680-2271	00:21:43	65	00:01:35	162	01:05:52	78	00:01:13	139	00:43:53	249	02:14:18			02:14:18	100
796	105	24	Paul	O brien	35-39	Midland Triathlon Club	TN0900307	00:23:56	164	00:01:28	130	01:05:09	53	00:01:12	127	00:42:37	194	02:14:25			02:14:25	101
173	106	25	Daragh	O murchu	30-34		TN0903186	00:20:54	39	00:02:21	413	01:05:50	76	00:01:23	239	00:44:07	256	02:14:37			02:14:37	102
21	107	26	Marc	Butler	30-34	Athlone	TN0900308	00:27:03	389	00:01:28	130	01:05:39	68	00:01:02	55	00:39:26	82	02:14:41			02:14:41	103
623	108	25	Conor	Barry	35-39	Chester Tri	TN0906378	00:21:02	42	00:01:10	38	01:08:22	139	00:01:30	319	00:42:40	197	02:14:47			02:14:47	104
145	110	6	Fergus	Mcgrath	23-24	Wicklow Triathlon Club	TN0903200	00:22:20	84	00:01:21	96	01:07:20	112	00:01:20	209	00:42:35	191	02:14:59			02:14:59	105
560	111	3	Stephen	O' toole	50-54	Trilogy	TN0901490	00:26:37	342	00:01:14	57	01:06:34	94	00:01:09	104	00:39:39	86	02:15:17			02:15:17	106
104	112	26	Anil	Jina	35-39		TN0900974	00:20:19	28	00:01:23	108	01:09:53	175	00:01:32	341	00:42:24	182	02:15:33			02:15:33	107
225	113	27	Ken	Whitelaw	30-34	Midland Tri Club	TN0903545	00:24:20	193	00:01:53	260	01:09:43	171	00:01:30	319	00:38:15	54	02:15:42			02:15:42	108



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
155	114	28	John	Mercer	30-34	Wicklow	TN0900075	00:23:52	158	00:01:04	18	01:09:39	167	00:01:00	43	00:40:10	103	02:15:48			02:15:48	109
961	116	29	David	Killen	30-34	PiranhaTri	TN0900242	00:24:07	178	00:01:22	103	01:08:16	136	00:01:28	290	00:40:36	121	02:15:51			02:15:51	110
512	117	3	Jim	Maguire	45-49	Athlone	TN0905475	00:26:03	299	00:01:51	243	01:05:22	60	00:01:27	277	00:41:15	151	02:16:01			02:16:01	111
921	118	30	Michael james	Duffy	30-34		TN0901834	00:26:57	378	00:01:42	196	01:07:37	115	00:01:00	43	00:38:41	66	02:16:01			02:16:01	111
179	119	27	Mariusz	Olejniczak	25-29		One Day Licence	00:22:38	96	00:01:06	28	01:13:46	323	00:01:06	84	00:37:22	46	02:16:02			02:16:02	113
558	120	4	Jjohn	O shea	45-49	Limerick Triathlon Club	TN0904494-1479	00:25:31	271	00:01:43	199	01:06:54	99	00:01:18	193	00:40:45	125	02:16:15			02:16:15	114
530	121	15	Bernard	Mcguinness	40-44	liquid motion	TN0901926	00:25:18	251	00:01:44	205	01:07:10	108	00:01:37	377	00:40:24	112	02:16:17			02:16:17	115
624	122	27	Fergus	Barry	35-39	Team Sports Med Ireland	TN0901086668	00:22:49	105	00:01:08	35	01:10:21	188	00:01:07	91	00:40:53	131	02:16:21			02:16:21	116
152	123	31	Stuart	McMahon	30-34	Limerick Triathlon Club	TN0904719-1284	00:25:48	288	00:01:19	84	01:07:50	120	00:01:07	91	00:40:17	110	02:16:23			02:16:23	117
199	124	28	Vincent	Powery	35-39	Carrick On Suir Triathlon Club	TN0905586	00:24:23	198	00:01:48	229	01:06:49	98	00:01:09	104	00:42:17	176	02:16:29			02:16:29	118
30	125	32	Michael	Casey o'shea	30-34	Limerick Triathlon Club	TN0903816	00:22:57	114	00:01:18	80	01:10:39	197	00:01:06	84	00:40:30	117	02:16:32			02:16:32	119
93	126	29	Bryan	Harvey	35-39	PULSE	TN0900186	00:22:00	74	00:01:11	44	01:08:00	124	00:01:34	356	00:43:50	246	02:16:38			02:16:38	120
665	127	28	Pawel	Debakowski	25-29	Trilogy	TN0902670	00:22:45	102	00:01:44	205	01:12:28	269	00:01:17	184	00:38:22	59	02:16:38			02:16:38	120
201	128	7	Mark	Rafferty	23-24	setanta	TN0906273	00:24:24	199	00:01:20	89	01:08:10	130	00:01:46	444	00:40:58	133	02:16:41			02:16:41	122
20	129	33	Alan	Buckley	30-34	Limerick	TN0903900	00:24:59	232	00:01:31	145	01:05:36	67	00:01:55	488	00:42:39	196	02:16:44			02:16:44	123
200	130	30	Mark	Quinn	35-39	na	TN0900081	00:22:23	88	00:01:32	149	01:10:20	187	00:01:05	75	00:41:25	154	02:16:48			02:16:48	124
220	131	5	John	Wallnutt	45-49	Piranha	TN 0900101	00:22:22	87	00:01:46	218	01:06:59	103	00:01:02	55	00:44:39	279	02:16:50			02:16:50	125
129	132	16	Mick	Mcbride	40-44	North West Tri	TN0905719	00:23:11	123	00:02:09	349	01:05:22	60	00:01:44	428	00:44:28	270	02:16:56			02:16:56	126
102	133	31	Graham	Hyland	35-39		TN0900072	00:23:32	143	00:01:24	111	01:08:24	140	00:01:09	104	00:42:34	189	02:17:05			02:17:05	127
676	134	32	Brendan	Duffy	35-39		TN0904345	00:22:30	91	00:01:51	243	01:09:24	161	00:01:44	428	00:41:34	160	02:17:06			02:17:06	128
196	135	17	Glen	Pollock	40-44	olympian	TN0900247	00:22:50	106	00:01:55	270	01:10:30	193	00:01:20	209	00:40:31	120	02:17:08			02:17:08	129
170	136	29	Philip	O'connell	25-29	Galway Triathlon Club	TN0901138 1414	00:23:35	145	00:01:29	135	01:08:33	141	00:01:25	255	00:42:05	171	02:17:09			02:17:09	130
130	137	33	Derek	McCabe	35-39	pulse tri club	TN0905308	00:22:18	83	00:01:11	44	01:08:08	129	00:01:12	127	00:44:25	267	02:17:17			02:17:17	131
208	138	34	Noel	Ryan	30-34	Waterford	tn09005081983	00:25:25	263	00:01:27	126	01:08:10	139	00:01:34	326	00:40:49	129	02:17:28			02:17:28	132
685	139	34	Colin	Fanning	35-39	Waterford	TN0903317	00:24:34	206	00:02:03	312	01:08:07	128	00:01:33	351	00:41:09	144	02:17:28			02:17:28	132
941	140	35	Ronan	Hartnett	30-34	3D-TRI	TN0900440	00:27:30	417	00:01:24	111	01:09:40	169	00:01:08	98	00:37:44	50	02:17:28			02:17:28	132
45	142	36	Darren	Cranston	30-34	Phoenix Tri Club	TN0900549	00:18:55	20	00:01:25	118	01:09:08	156	00:01:03	64	00:47:01	358	02:17:34			02:17:34	135
962	143	37	Andrew	Kinane	30-34		TN0902418	00:24:43	209	00:02:09	349	01:11:25	230	00:01:17	184	00:38:16	56	02:17:53			02:17:53	136
611	144	18	Rodney	Young	40-44	Rodney Young	TN0900161	00:26:06	304	00:02:09	349	01:05:49	75	00:01:56	490	00:41:58	167	02:17:59			02:17:59	137
764	145	35	Robert	Mcdonald	35-39	One Day Licence		00:21:39	63	00:02:21	413	01:09:28	162	00:02:18	578	00:42:31	185	02:18:19			02:18:19	138
1053	146	38	Tom	Tennant	30-34		TN0905400	00:26:40	349	00:01:43	199	01:05:34	65	00:01:13	139	00:43:06	219	02:18:19			02:18:19	138
62	148	6	Michael	Duggan	45-49	Midlands Tri Club	TN 0900067	00:23:08	121	00:01:55	270	01:11:32	233	00:01:30	319	00:40:20	111	02:18:28			02:18:28	140
221	149	19	Lochlann	Walsh	40-44	3Dtri	TN0900415-1632	00:20:28	31		#N/A		#N/A		#N/A		#N/A	02:18:29			02:18:29	141
41	150	4	Jim	Corbett	50-54	Wicklow	TN0900126	00:22:44	101	00:01:20	89	01:07:18	110	00:01:16	174	00:46:18	332	02:18:58			02:18:58	142
1012	151	39	John paul	O'brien	30-34	Midland Triathlon Club	TN0904356	00:23:39	150	00:01:22	103	01:11:36	236	00:01:22	228	00:40:58	133	02:19:00			02:19:00	143
935	152	40	Paraic	Gallagher	30-34	3d tri	TN0902374	00:24:45	215	00:01:53	260	01:08:58	151	00:01:29	303	00:42:05	171	02:19:11			02:19:11	144
830	153	30	Eoin	Ryan	25-29	Athlone Triathlon Club	TN0901131	00:25:26	266	00:02:15	383	01:10:01	179	00:01:00	43	00:40:27	115	02:19:12			02:19:12	145
80	155	31	Kevin	Gilleece	25-29	Tri An Mhi	TN0904466	00:23:54	161	00:02:27	441	01:11:11	220	00:01:26	266	00:40:15	106	02:19:16			02:19:16	146
926	156	41	Derrick	Evans	30-34		TN0905994	00:26:46	361	00:01:19	84	01:05:46	74	00:01:25	255	00:43:58	250	02:19:16			02:19:16	146
192	157	7	Francis	O'toole	45-49	Belpark	One Day Licence	00:24:28	202	00:01:49	235	01:08:52	150	00:02:03	530	00:42:11	173	02:19:25			02:19:25	148
135	158	20	Brendan	McCarthy	40-44		TN0900448	00:23:35	145	00:01:50	239	01:13:04	293	00:01:15	161	00:39:48	94	02:19:33			02:19:33	149
838	159	32	Gavin	Smullen	25-29		TN0902605	00:24:26	201	00:01:17	75	01:10:27	190	00:01:04	69	00:42:17	176	02:19:34			02:19:34	150
774	160	36	Steven	Moody	35-39	Piranha	TN0900084	00:25:40	280	00:01:30	140	01:12:52	285	00:01:05	75	00:38:25	60	02:19:35			02:19:35	151
452	161	21	Padraig	Cooke	40-44	Athlone	TN0900232	00:25:55	296	00:01:32	149	01:05:08	51	00:01:33	351	00:45:27	303	02:19:37			02:19:37	152
743	162	33	Peter	Ledwidge	25-29	Tri An Mhi	TN0902284	00:26:32	337	00:01:38	180	01:09:04	152	00:01:12	127	00:41:12	145	02:19:41			02:19:41	153
165	163	42	Liam	Newman	30-34	Tri An Mhi	tn0900472	00:26:29	332	00:02:04	323	01:11:00	208	00:01:13	139	00:38:54	74	02:19:43			02:19:43	154
884	164	43	Niall	Callan	30-34	Predator	TN09009241690	00:24:54	225	00:01:55	270	01:10:43	200	00:01:24	247	00:40:45	125	02:19:43			02:19:43	154
157	165	37	Martin	Minnagh	35-39	wexford	tn0901825	00:23:26	137	00:01:15	64	01:10:14	185	00:01:29	303	00:43:23	232	02:19:49			02:19:49	156
950	166	44	Rob	Jennings	30-34	00:00:00	One Day Licence	00:24:49	221	00:02:18	396	01:08:06	126	00:01:22	228	00:43:13	228	02:19:52			02:19:52	157
68	167	38	Damian	Eannetta	35-39	olympian	TN0900687919	00:26:52	373	00:01:24	111	01:09:45	172	00:01:25	255	00:40:30	117	02:19:59			02:19:59	158
649	168	39	Joe	Cawley	35-39		TN0906127	00:28:10	462	00:01:56	281	01:11:03	211	00:01:35	363	00:37:15	43	02:20:01			02:20:01	159
978	169	45	Michael	Marnane	30-34		TN0906055	00:24:56	228	00:01:43	199	01:12:13	261	00:01:39	394	00:39:30	85	02:20:03			02:20:03	160
915	170	46	Joseph	Doherty	30-34	Northwest Tri Club	tn0902152	00:20:38	34	00:01:29	135	01:11:15	223	00:01:26	266	00:45:14	298	02:20:04			02:20:04	161
47	171	8	Aidan	Daly	45-49	Midland Tri	TN0904872	00:22:47	104	00:01:24	111	01:07:04	105	00:01:03	64	00:47:46	394	02:20:06			02:20:06	162



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
186	172	8	Warren	O'Neill	23-24	Warren O'Neill	TN0905049	00:23:12	125	00:02:09	349	01:10:59	207	00:01:14	147	00:42:32	186	02:20:09			02:20:09	163
118	173	40	Michael	Lovatt	35-39		One Day Licence	00:22:20	84	00:03:03	533	01:08:49	149	00:01:59	511	00:44:08	260	02:20:22			02:20:22	164
23	174	41	Colm	Byrne	35-39	Wicklow Tri Club	TN0900105	00:22:03	78	00:01:35	162	01:13:07	295	00:01:10	113	00:42:28	183	02:20:25			02:20:25	165
150	175	34	Anthony	Mckenna	25-29	triangle triathlon	TN0902518	00:24:56	228	00:01:28	130	01:11:06	214	00:01:55	488	00:41:04	137	02:20:32			02:20:32	166
633	176	35	Matt	Brentley	25-29		One Day Licence	00:19:11	21	00:01:42	196	01:11:12	221	00:01:25	255	00:47:06	364	02:20:39			02:20:39	167
223	177	47	Mark	Waters	30-34	3D	TN0900236	00:18:28	14	00:01:12	49	01:12:35	277	00:01:15	161	00:47:11	372	02:20:44			02:20:44	168
598	178	22	Colin	Teevan	40-44	setanta	TN0903206	00:26:15	314	00:01:25	118	01:06:56	101	00:01:36	370	00:44:33	275	02:20:47			02:20:47	169
672	179	42	Brendan	Doyle	35-39	Midland Tri Club	tn0906620	00:23:47	154	00:02:00	297	01:11:40	239	00:01:29	303	00:41:53	164	02:20:51			02:20:51	170
194	180	23	Peter	Payton	40-44		TN0900083	00:20:48	36	00:01:57	284	01:16:19	417	00:01:39	394	00:40:09	100	02:20:55			02:20:55	171
599	181	24	Sean	Teevan	40-44		TN0901770	00:23:50	156	00:01:52	250	01:06:23	90	00:01:11	121	00:47:40	391	02:20:58			02:20:58	172
216	182	1	Gary	Swenarton	55-59	Peninsula	TN0900606	00:25:52	290	00:01:26	121	01:09:56	177	00:01:29	303	00:42:20	178	02:21:05			02:21:05	173
581	183	5	Michael	Ryan	50-54	Limerick	TN0900183	00:24:13	189	00:01:55	270	01:10:41	198	00:01:28	290	00:42:57	211	02:21:16			02:21:16	174
988	184	48	Dave	Mccourt	30-34	Athlone	TN0903614	00:26:39	347	00:01:34	158	01:09:22	159	00:02:26	600	00:41:17	152	02:21:20			02:21:20	175
50	185	49	Mick	Davis	30-34	Ennis Tri Club	TN0905159	00:21:12	48	00:01:47	224	01:08:14	135	00:01:31	332	00:48:36	420	02:21:23			02:21:23	176
66	186	50	Tomas	Dunne	30-34	Wicklow	TN0900706	00:23:50	156	00:01:14	57	01:11:47	244	00:01:21	216	00:43:08	222	02:21:23			02:21:23	176
190	187	43	Barry	O'Sullivan	35-39	Pulse Tri	TN0902850	00:23:14	126	00:01:46	218	01:11:04	212	00:01:05	75	00:44:16	263	02:21:27			02:21:27	178
829	188	44	Con	Ring	35-39		TN0903628 - 2334	00:27:24	408	00:02:18	396	01:09:47	173	00:01:12	127	00:40:44	123	02:21:28			02:21:28	179
116	189	51	Barry	Lambe	30-34		TN0901611141	00:27:30	417	00:01:37	174	01:11:47	244	00:01:14	147	00:39:27	84	02:21:38			02:21:38	180
761	190	36	Sean	Mccarthy	25-29		TN0901841	00:23:26	137	00:02:15	383	01:11:58	250	00:01:23	239	00:42:37	194	02:21:41			02:21:41	181
636	191	45	Ian	Burke	35-39		TN0904182	00:27:19	404	00:01:50	239	01:11:25	230	00:01:23	239	00:39:42	90	02:21:43			02:21:43	182
2511	192	52	Ivan	O'Gorman	30-34		One Day Licence	00:28:32	468	00:01:37	174	01:09:06	155	00:01:10	113	00:41:25	154	02:21:52			02:21:52	183
49	193	9	Johnny	Davis	45-49	olympian	TN0901636-208	00:28:50	480	00:01:17	75	01:12:00	251	00:01:08	98	00:38:41	66	02:21:58			02:21:58	184
1002	194	53	Kevin	Murphy	30-34		One Day Licence	00:29:42	524	00:02:13	376	01:10:08	181	00:01:23	239	00:38:30	63	02:21:58			02:21:58	184
718	195	37	Karl	Henry	25-29	karl henry	TN0902259	00:23:57	167	00:01:23	108	01:09:48	174	00:00:59	34	00:45:51	319	02:22:01			02:22:01	186
523	196	2	Nicholas	Mccabe	55-59	Midland Tri Club	TN0902816-2219	00:25:43	283	00:02:16	388	01:06:43	97	00:01:44	428	00:45:34	306	02:22:03			02:22:03	187
141	197	25	Pat	Mcenery	40-44	Pat Mc Enery	TN0902012	00:22:42	98	00:01:46	218	01:09:31	165	00:01:42	412	00:46:26	336	02:22:10			02:22:10	188
629	199	38	Padraig	Bhaird	25-29		TN0906278	00:22:59	116	00:01:48	229	01:10:43	200	00:01:36	370	00:45:08	293	02:22:16			02:22:16	189
545	200	10	Seamus	Moran	45-49	Midland Tri	TN0905285	00:26:19	318	00:01:51	243	01:06:31	93	00:02:25	596	00:45:13	297	02:22:22			02:22:22	190
562	201	26	Feargal	O'callaghan	40-44		TN0900730	00:25:23	256	00:01:49	235	01:09:11	157	00:01:33	351	00:44:25	267	02:22:22			02:22:22	190
489	203	11	Niall	Kavanagh	45-49		One Day Licence	00:23:36	148	00:01:10	38	01:10:01	179	00:01:02	55	00:46:35	342	02:22:25			02:22:25	192
176	204	12	Denis	O'donnell	45-49		TN0901502	00:24:07	178	00:01:20	89	01:11:01	209	00:01:27	277	00:44:30	273	02:22:26			02:22:26	193
485	205	13	Joseph	Holton	45-49	Midland	TN0901105	00:25:25	263	00:02:12	369	01:13:28	312	00:01:13	139	00:40:09	100	02:22:30			02:22:30	194
836	206	39	Kevin	Sherlock	25-29	nenagh tri	tn0902792	00:23:44	152	00:01:35	162	01:14:24	355	00:01:10	113	00:41:38	161	02:22:35			02:22:35	195
821	207	46	Aidan	Quigley	35-39	TRiCW	TN0903065	00:27:33	425	00:03:13	553	01:06:37	95	00:02:51	627	00:42:20	178	02:22:36			02:22:36	196
43	208	47	Kevin	Coughlan	35-39	Preditir	TN0904755	00:26:36	341	00:01:17	75	01:09:04	152	00:00:55	19	00:44:44	282	02:22:40			02:22:40	197
750	209	40	Philip	Manuel	25-29	Limerick Triathlon Club	TN09010771201	00:27:23	407	00:01:53	260	01:09:11	157	00:01:14	147	00:42:57	211	02:22:41			02:22:41	198
548	210	27	Cillian	Murphy	40-44	Limerick Tri Club	TN0901839	00:26:45	360	00:01:21	96	01:08:48	148	00:01:24	247	00:44:21	265	02:22:42			02:22:42	199
97	211	54	John	Heffernan	30-34		One Day Licence	00:25:31	271	00:02:11	363	01:10:23	189	00:01:41	407	00:42:55	208	02:22:43			02:22:43	200
620	212	41	John	Adams	25-29	Piranha Triathlon Club	SN0901645 - 34	00:24:45	215	00:01:48	229	01:11:07	217	00:01:00	43	00:44:01	252	02:22:43			02:22:43	200
749	213	48	Albert	Mahe	35-39		TN0905206	00:26:29	332	00:02:02	306	01:05:53	79	00:01:43	420	00:46:40	346	02:22:49			02:22:49	202
901	214	55	Paul	Cooney	30-34		TN0903357	00:27:36	430	00:01:58	288	01:11:36	236	00:01:31	332	00:40:09	100	02:22:52			02:22:52	203
603	215	14	William	Toomes	45-49	Tri An Mhi	tn0901589	00:25:23	256	00:02:26	437	01:13:34	317	00:02:25	596	00:39:07	78	02:22:59			02:22:59	204
182	216	3	Brendan	O'Neill	55-59	Cork Tri	TN0900670-1464	00:24:00	170	00:01:32	149	01:12:53	286	00:01:32	341	00:43:03	216	02:23:03			02:23:03	205
920	217	56	Dermot	Duffy	30-34	PULSE	TN0901670	00:24:08	182	00:01:11	44	01:12:57	287		#N/A		#N/A	02:23:03			02:23:03	205
1059	218	57	Eoin	Ward	30-34		TN0904619	00:26:44	356	00:02:31	453	01:08:39	144	00:01:15	161	00:43:51	247	02:23:03			02:23:03	205
1018	219	58	Barry	O'donoghue	30-34		tn0904518-1431	00:26:37	342	00:02:02	306	01:09:30	164	00:01:22	228	00:43:42	241	02:23:16			02:23:16	208
481	220	28	John	Hanley	40-44	MSC Tri	TN0901049	00:26:27	330	00:01:40	187	01:08:13	134	00:01:17	184	00:45:37	309	02:23:18			02:23:18	209
680	221	49	Conor	Eanetta	35-39		TN0901219	00:24:21	195	00:01:32	149	01:08:38	142	00:01:15	161	00:47:33	386	02:23:21			02:23:21	210
464	223	29	Barry	Deane	40-44	Ennis	TN0900620	00:26:00	297	00:01:40	187	01:10:27	190	00:01:07	91	00:44:07	256	02:23:24			02:23:24	211
727	224	42	Hugh	Kearney	25-29	PULSE	TN0900334	00:25:04	242	00:01:45	210	01:10:53	206	00:01:19	202	00:44:29	271	02:23:33			02:23:33	212
1008	225	59	Neil	O'grady	30-34		One Day Licence	00:28:39	473	00:02:10	357	01:11:09	219	00:01:32	341	00:40:08	98	02:23:41			02:23:41	213
42	226	43	David	Cotter	25-29		One Day Licence	00:24:58	231	00:02:11	363	01:13:19	309	00:01:57	498	00:41:14	149	02:23:42			02:23:42	214
1058	227	60	Colm	Walsh	30-34	Midland Tri	TN0901112	00:27:01	383	00:02:00	297	01:13:26	311	00:01:27	277	00:39:46	92	02:23:42			02:23:42	214
83	228	30	Patrick	Grealy	40-44	Piranha	TN0900079	00:24:05	176	00:01:26	121	01:09:38	166	00:01:44	428	00:46:50	351	02:23:45			02:23:45	216



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
547	229	15	John joe	Muldoon	45-49	Triangle	TN0905920	00:25:15	249	00:01:52	250	01:13:53	331	00:01:45	436	00:41:01	136	02:23:49			02:23:49	217
26	230	61	Ian	Cahill	30-34	Piranha	TN0900149	00:26:37	342	00:01:50	239	01:13:18	307	00:01:14	147	00:40:57	132	02:23:59			02:23:59	218
90	231	31	Colm	Hanratty	40-44	QUBTRI	TN0905270	00:24:17	191	00:02:05	330	01:10:34	194	00:01:27	277	00:45:33	305	02:24:00			02:24:00	219
76	232	62	Vincent	Galvin	30-34	Pulse Tri	TN0905781	00:25:24	261	00:01:28	130	01:11:06	214	00:01:27	277	00:44:37	277	02:24:05			02:24:05	220
845	233	50	Ray	Swan	35-39		One Day Licence	00:27:02	386	00:01:58	288	01:12:34	274	00:01:21	216	00:41:06	140	02:24:05			02:24:05	220
1042	234	63	Simon	Sheahan	30-34	Piranha Tri	TN0900501	00:25:44	284	00:01:21	96	01:12:27	268	00:00:59	34	00:43:32	237	02:24:07			02:24:07	222
1061	235	64	Mark	Whitney	30-34	TRICW	tn0905334-2382	00:24:10	185	00:02:00	297	01:13:52	330	00:01:13	139	00:42:56	210	02:24:13			02:24:13	223
137	236	9	Luke	Mccarthy	23-24	west cork tri	TN0900765	00:28:51	481	00:01:30	140	01:09:58	178	00:01:05	75	00:42:50	204	02:24:16			02:24:16	224
550	237	16	Kevin	Murphy	45-49	Triangle	TN0905783	00:25:52	290	00:02:48	503	01:12:21	264	00:02:09	558	00:41:07	142	02:24:20			02:24:20	225
89	238	65	Ciaran	Hanratty	30-34		TN0905627	00:20:58	41	00:02:03	312	01:13:57	335	00:01:22	228	00:45:58	323	02:24:21			02:24:21	226
802	239	51	Niall	O'callaghan	35-39		TN0904615	00:26:09	307	00:01:36	167	01:09:29	163	00:01:12	127	00:45:52	320	02:24:21			02:24:21	226
767	240	52	Paul	Mcgirr	35-39	PULSE	TN0906551	00:26:51	370	00:01:16	70	01:12:07	257	00:01:29	303	00:42:41	200	02:24:26			02:24:26	228
112	241	53	David	Kenny	35-39		TN0905576	00:22:32	92	00:01:46	218	01:13:32	315	00:01:40	401	00:44:54	287	02:24:27			02:24:27	229
433	242	17	Colm	Butler	45-49	Naas Tri Club	tn0905286	00:24:04	175	00:01:47	224	01:13:02	291	00:01:29	303	00:44:09	261	02:24:33			02:24:33	230
138	243	54	Shane	Mccarthy	35-39	PULSE	TN0904397-1238	00:25:53	293	00:02:09	349	01:13:50	325	00:01:40	401	00:41:04	137	02:24:38			02:24:38	231
669	244	55	Karl	Dolan	35-39	setanta	TN0900951	00:27:41	435	00:02:08	342	01:03:48	27	00:02:22	591	00:48:41	427	02:24:42			02:24:42	232
577	245	32	David	Rock	40-44	Piranha	tn0902895	00:26:17	316	00:01:49	235	01:11:33	237	00:01:31	332	00:43:32	237	02:24:45			02:24:45	233
17	246	44	Stephen	Brazil	25-29	Naas Wheelworx	TN0902093	00:26:59	379	00:01:16	70	01:07:58	122	00:01:28	290	00:47:10	371	02:24:53			02:24:53	234
997	247	66	Michael	Moloney	30-34	Waterford Triathlon Club	TN0901923	00:30:50	568	00:01:29	135	01:07:47	118	00:01:15	161	00:43:30	236	02:24:53			02:24:53	234
212	248	56	Brendan	Smyth	35-39		tn093716	00:26:51	370	00:02:36	466	01:11:13	222	00:01:08	98	00:43:07	221	02:24:57			02:24:57	236
960	249	67	Eoghan	Kevlihan	30-34	Midland Tri	TN0904340	00:26:21	321	00:02:10	357	01:10:50	205	00:01:29	303	00:44:07	256	02:25:00			02:25:00	237
164	250	6	Charlie	Murphy	50-54	TRICW	TN0900490	00:27:59	452	00:02:19	401	01:11:53	248	00:01:30	319	00:41:27	157	02:25:11			02:25:11	238
877	252	68	Patrick	Brownne	30-34		TN0901529	00:27:02	386	00:01:55	270	01:08:46	147	00:01:14	147	00:46:13	329	02:25:14			02:25:14	239
153	253	4	Luke	Mcmullan	U23	Newry	SN0904588	00:25:26	266	00:01:32	149	01:19:22	502	00:01:36	370	00:37:21	45	02:25:20			02:25:20	240
94	254	69	Dylan	Hayes	30-34	T3	TN0902947	00:26:25	327	00:01:04	18	01:14:10	342	00:01:07	91	00:42:35	191	02:25:24			02:25:24	241
543	255	18	Ashley	Moore	45-49		TN0905877	00:24:48	218	00:01:58	288	01:10:47	203	00:01:13	139	00:46:35	342	02:25:24			02:25:24	241
832	256	45	Kevin	Scallan	25-29		TN0903877	00:25:41	282	00:03:27	575	01:13:28	312	00:00:50	5	00:41:56	166	02:25:24			02:25:24	241
998	257	70	Glenn	Monaghan	30-34	Newry Tri Club	TN0900296	00:30:15	550	00:01:27	126	01:09:23	160	00:01:22	228	00:43:01	214	02:25:31			02:25:31	244
979	258	71	Patrick	Marshall	30-34	Trilogy	TN0901204	00:29:54	537	00:01:29	135	01:12:34	274	00:01:08	98	00:40:26	114	02:25:35			02:25:35	245
715	259	46	Derek	Hayden	25-29	Total fitness Nottingham	One Day Licence	00:27:05	390	00:01:17	75	01:11:05	213	00:01:10	113	00:45:05	292	02:25:44			02:25:44	246
645	260	47	Barry	Casey	25-29	setanta	TN0903209	00:26:11	308	00:02:21	413	01:10:49	204	00:01:46	444	00:44:42	281	02:25:52			02:25:52	247
862	261	72	Cillian	Balfe	30-34	Piranha	TN0901483	00:20:29	32	00:02:22	420	01:16:15	415	00:01:28	290	00:45:19	300	02:25:56			02:25:56	248
180	262	73	Edward	O'mahony	30-34	Belpark	TN0904381	00:29:49	532	00:01:20	89	01:10:28	192	00:01:02	55	00:43:24	233	02:26:05			02:26:05	249
1005	263	74	Jonathan	O brien	30-34		tn0906267	00:21:11	47	00:03:32	581	01:17:31	454	00:01:16	174	00:42:40	197	02:26:12			02:26:12	250
185	264	75	Neville	O'neill	30-34	Olympian Triathlon Club	TN0901773	00:24:12	187	00:01:51	243	01:11:29	232	00:01:14	147	00:47:24	379	02:26:14			02:26:14	251
817	265	57	Owen	Percy	35-39	Galway	tn0904952	00:23:56	164	00:02:21	413	01:11:55	249	00:01:22	228	00:46:42	348	02:26:19	00:02:00	Drafting	02:28:19	279
14	266	19	Noel	Boyle	45-49		TN0904308-693	00:26:46	361	00:02:19	401	01:08:20	138	00:01:46	444	00:47:06	364	02:26:20			02:26:20	252
516	267	33	Noel	Mason	40-44	Midland Tri Club	TN0900205	00:26:20	319	00:01:52	250	01:12:43	283	00:01:27	277	00:44:02	253	02:26:27			02:26:27	253
783	269	48	Bernard	Mulvihill	25-29	Midland Tri Club	TN0904469	00:29:31	517	00:01:39	184	01:11:24	228	00:01:20	209	00:42:32	186	02:26:29			02:26:29	254
1011	270	76	Philip	O' leary	30-34	Carrick Tri	TN0900203	00:23:33	144		#N/A		#N/A	0.0018287	617	0.0318171	317	02:26:39			02:26:39	255
482	271	4	Sean	Healy	55-59		TN0902575	00:27:16	402	00:01:34	158	01:12:32	272	00:01:11	121	00:44:20	264	02:26:56			02:26:56	256
447	272	34	Derek	Conerney	40-44	Predator Triathlon Club	TN0905121-1706	00:27:56	449	00:01:58	288	01:11:16	224	00:01:43	420	00:44:04	254	02:26:59			02:26:59	257
133	273	35	Gary	Mccappin	40-44	Hi Elbow	TN0900899	00:23:11	123	00:02:14	380	01:14:26	356	00:01:48	451	00:45:23	302	02:27:05			02:27:05	258
189	275	77	Trevor	O'shea	30-34		TN09095743	00:23:59	169	00:02:26	437	01:13:31	314	00:01:44	428	00:45:27	303	02:27:10			02:27:10	259
1021	276	78	Patrick	O'hare	30-34	Olympian Triathlon Club	One Day Licence	00:28:45	477	00:01:45	210	01:11:01	209	00:02:00	513	00:43:45	243	02:27:18			02:27:18	260
943	277	79	Martin james	Hernon	30-34	Pulse Tri	TN0904188	00:27:32	422	00:01:14	57	01:10:10	184	00:01:16	174	00:47:03	360	02:27:19			02:27:19	261
650	279	49	Daniel	Cluskey	25-29		One Day Licence	00:24:00	170	00:02:32	458	01:16:23	420	00:00:59	34	00:43:25	234	02:27:21	00:02:00	Drafting	02:29:21	297
51	280	80	Derek	Dawson	30-34	Wicklow Triathlon Club	One Day Licence	00:24:29	204	00:01:41	194	01:08:38	142	00:01:43	420	00:50:48	497	02:27:23			02:27:23	262
535	281	36	Oliver	Mernagh	40-44		One Day Licence	00:26:41	352		#N/A		#N/A		#N/A		#N/A	02:27:25			02:27:25	263
773	282	58	Craig	Molloy	35-39	Team Sports Med Ireland	TN0905925	00:27:14	397	00:02:48	503	01:12:36	278	00:01:23	239	00:43:28	235	02:27:32			02:27:32	264
224	283	37	Kieran	Watters	40-44	Tri An Mhi	TN0902203	00:23:18	129	00:01:28	130	01:15:10	381	00:01:14	147	00:46:20	334	02:27:33			02:27:33	265
854	284	50	Declan	Winders	25-29		One Day Licence	00:27:15	399	00:02:11	363	01:12:08	258	00:01:32	341	00:44:26	269	02:27:36			02:27:36	266
517	285	7	Declan	Mc cabe	50-54	setanta tc	TN 0900333	00:30:06	546	00:02:27	441	01:08:03	125	00:01:51	467	00:45:08	293	02:27:38			02:27:38	267
565	286	38	John	O'leary	40-44	T3	TN0903637	00:29:43	526	00:01:52	250	01:11:48	246	00:01:03	64	00:43:10	225	02:27:40			02:27:40	268



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
883	287	81	Mark	Callanan	30-34	Cork Tri Club	TN0901141	00:28:25	464	00:01:16	70	01:11:22	226	00:01:02	55	00:45:37	309	02:27:45			02:27:45	269
907	288	82	Dave	Cummins	30-34		One Day Licence	00:27:33	425	00:01:40	187	01:15:42	395	00:01:37	377	00:41:13	146	02:27:46			02:27:46	270
536	289	39	Enda	Mimnagh	40-44	Midland Triathlon Club (MTC)	TN0910372	00:26:22	322	00:02:29	448	01:12:05	256	00:01:28	290	00:45:20	301	02:27:47			02:27:47	271
533	290	20	Christopher	Mcswiggan	45-49	Triangle	One Day Licence	00:25:27	269	00:02:29	448	01:13:08	298	00:01:33	351	00:45:08	293	02:27:48			02:27:48	272
719	291	59	Fred	Hickey	35-39		TN09015181796	00:22:52	110	00:01:37	174	01:16:11	413	00:01:39	394	00:45:35	307	02:27:56			02:27:56	273
990	292	83	Jim	Mcgrath	30-34		TN0904800	00:27:34	428	00:01:26	121	01:10:08	181	00:01:30	319	00:47:25	381	02:28:07			02:28:07	274
421	293	40	Douglas	Bates	40-44	Midland Tri	TN0900600	00:22:26	89	00:02:00	297	01:11:32	233	00:01:53	477	00:50:16	483	02:28:09			02:28:09	275
1047	294	84	Brian	Slattery	30-34	Waterford Triathlon Club	TN0902029	00:29:56	538	00:01:38	180	01:12:25	267	00:01:48	451	00:42:20	178	02:28:10			02:28:10	276
660	295	51	Neil	Curran	25-29		One Day Licence	00:25:25	263	00:01:26	121	01:13:34	317	00:01:05	75	00:46:39	344	02:28:12			02:28:12	277
945	296	85	Andrew	Hickey	30-34	Waterford	tn0904055	00:27:55	448	00:01:40	187	01:14:29	359	00:01:34	356	00:42:34	189	02:28:15			02:28:15	278
1023	297	86	Adrian	Oprea	30-34		tn0901441	00:26:14	312	00:01:36	167	01:13:14	303	00:01:28	290	00:45:47	315	02:28:22			02:28:22	280
731	298	52	Conor	Kelly	25-29	Athlone Triathlon Club	TN0900641	00:23:43	151	00:01:19	84	01:12:36	278	00:01:45	436	00:48:58	440	02:28:23			02:28:23	281
751	299	60	Bryan	Mathias	35-39	Ennis Tri Club	TN0900190	00:23:52	158	00:02:04	323	01:14:17	349	00:01:41	407	00:46:27	337	02:28:24			02:28:24	282
801	300	53	John	O'Brien	25-29	ennis tri	TN0904622-1406	00:30:28	557	00:01:21	96	01:12:01	253	00:01:30	319	00:43:01	214	02:28:24			02:28:24	282
1054	301	87	Denis	Tobin	30-34		TN0902049	00:29:08	495	00:02:17	392	01:10:35	195	00:01:36	370	00:44:46	285	02:28:24			02:28:24	282
626	302	54	Ronan	Baxter	25-29	Lucan Cycling Road Club	TN0902594	00:31:09	578	00:01:55	270	01:09:55	176	00:01:31	332	00:43:52	248	02:28:26			02:28:26	285
32	303	8	David	Cherry	50-54	David Cherry	TN0900932	00:23:17	128	00:01:59	292	01:12:37	281	00:01:47	449	00:48:45	430	02:28:28			02:28:28	286
453	305	41	Paraic	Cosgrave	40-44	Piranha	TN0900250	00:24:44	212	00:02:05	330	01:14:16	348	00:01:44	428	00:45:37	309	02:28:29			02:28:29	287
844	306	55	Edwin	Sutton	25-29	Cork	TN09003917	00:25:33	275	00:02:17	392	01:14:08	340	00:01:45	436	00:44:45	283	02:28:30			02:28:30	288
968	307	88	David	Leonard	30-34		TN0905066	00:25:11	245	00:01:48	229	01:12:23	266	00:01:23	239	00:47:43	392	02:28:32			02:28:32	289
934	308	89	Colm	Gallagher	30-34		TN0904487	00:26:17	316	00:02:09	349	01:14:03	338	00:01:26	266	00:44:35	276	02:28:33			02:28:33	290
460	309	42	Cameron	Cunniam	40-44		TN0903097	00:27:33	425	00:02:28	445	01:11:38	238	00:01:24	247	00:45:48	316	02:28:53			02:28:53	291
730	310	56	Aidan	Kelly	25-29	Belpark	TN0904764-1819	00:24:30	205	00:02:38	477	01:17:15	445	00:01:38	387	00:43:05	217	02:29:08			02:29:08	292
2510	311	61	Cormac	Bradley	35-39			00:27:27	412	00:02:12	369	01:17:17	446	00:01:23	239	00:40:47	128	02:29:08			02:29:08	292
726	313	62	Noel	Keane	35-39	Limerick	TN0900763	00:27:45	438	00:01:48	229	01:11:44	242	00:01:34	356	00:46:18	332	02:29:12			02:29:12	294
444	314	5	Vincent	Clohisey	55-59	hole in the wall	tno901977	00:27:32	422	00:02:02	306	01:14:35	361	00:02:41	618	00:42:20	178	02:29:13			02:29:13	295
632	315	63	Shane	Bradley	35-39		TN0900919	00:24:09	183	00:01:40	187	01:13:17	305	00:01:37	377	00:48:34	418	02:29:19			02:29:19	296
686	316	64	Ian	Fanning	35-39		TN0905091-1760	00:24:00	170	00:02:37	471	01:13:14	303	00:01:32	341	00:47:55	396	02:29:22			02:29:22	298
106	317	65	Fergal	Kavanagh	35-39	Carrick On Suir Triathlon Club	TN0903192	00:23:23	136	00:01:45	210	01:13:07	295	00:02:05	541	00:49:01	441	02:29:23			02:29:23	299
688	319	66	Colin	Feely	35-39	triCarrick	TN0900379933	00:22:50	106	00:01:51	243	01:16:38	431	00:01:06	84	00:46:57	356	02:29:25			02:29:25	300
630	321	67	Brendan	Borland	35-39	Wicklow Triathlon	TN0900613-686	00:24:20	193	00:01:34	158	01:15:28	391	00:02:06	546	00:45:57	322	02:29:28			02:29:28	301
121	322	21	Martin	Lydon	45-49	Carrick on Suir	TN0900988	00:25:24	261	00:02:02	306	01:14:18	351	00:01:32	341	00:46:12	327	02:29:31			02:29:31	302
476	323	22	Jim	Furlong	45-49	Racing795	TN0900967	00:25:38	279	00:02:08	342	01:13:06	294	00:01:21	216	00:47:16	375	02:29:32			02:29:32	303
500	324	43	Andrew	Killeen	40-44		One Day Licence	00:27:00	381	00:02:49	507	01:14:10	342	00:01:48	451	00:43:49	245	02:29:39			02:29:39	304
846	325	68	Brian	Sweeney	35-39	Carrick Tri	TN0900499	00:27:08	392	00:02:04	323	01:12:30	270	00:01:26	266	00:46:29	338	02:29:39			02:29:39	304
432	326	44	Alex	Buchner	40-44	Up & Runners	One Day Licence	00:26:53	374	00:02:15	383	01:14:44	366	00:01:22	228	00:44:23	266	02:29:40			02:29:40	306
793	327	57	Clem	Nihill	25-29		One Day Licence	00:24:57	230	00:03:12	551	01:16:53	434	00:02:07	549	00:42:30	184	02:29:41			02:29:41	307
579	328	6	Douglas	Ruddock	55-59	peninsula tri club	TN0902215-2769	00:29:01	488	00:02:50	510	01:12:21	264	00:02:36	614	00:42:51	206	02:29:42			02:29:42	308
12	329	58	Chris	Bellew	25-29	PULSE	TN09029922025	00:23:49	155	00:01:54	267	01:14:19	352	00:01:21	216	00:48:22	412	02:29:47			02:29:47	309
879	330	90	Ulick	Burke	30-34	Belpark	TN0904935	00:27:40	434	00:01:52	250	01:13:57	335	00:01:14	147	00:45:00	290	02:29:47			02:29:47	309
554	331	45	Joseph	Nolan	40-44	TRICW	TN0901644	00:24:54	225	00:02:01	304	01:14:28	358	00:01:21	216	00:47:07	368	02:29:54			02:29:54	311
527	332	46	Patrick	Mcdermott	40-44		One Day Licence	00:26:23	325	00:02:24	429	01:18:18	471	00:00:54	17	00:41:54	165	02:29:55			02:29:55	312
696	333	69	John	Fox	35-39	Trilogy	TN0903598	00:28:03	456	00:02:43	488	01:10:09	183	00:01:31	332	00:47:27	383	02:29:56			02:29:56	313
789	334	70	Dan	Murray	35-39	3Dtri	TN0902296-1372	00:27:00	381	00:01:18	80	01:13:53	331	00:01:16	174	00:46:25	335	02:29:56			02:29:56	313
583	336	47	Robert	Ryan	40-44		One Day Licence	00:26:16	315	00:02:47	499	01:15:05	379	00:02:04	535	00:43:45	243	02:30:00			02:30:00	315
826	337	59	Patrick	Quinn	25-29	Piranha	TN0904287	00:27:28	415	00:03:27	575	01:16:35	429	00:01:49	458	00:40:37	122	02:30:00			02:30:00	315
1036	338	91	David	Russell	30-34		TN09011961982	00:29:36	520	00:01:10	38	01:15:07	380	00:01:12	127	00:42:55	208	02:30:03			02:30:03	317
566	339	48	Diarmuid	O'mahony	40-44		TN0900604	00:32:58	609	00:01:43	199	01:12:10	260	00:01:20	209	00:41:59	169	02:30:12			02:30:12	318
679	340	60	Jonathan	Eadie	25-29		TN0906217	00:26:49	366	00:02:55	515	01:17:55	462	00:01:26	266	00:41:07	142	02:30:15			02:30:15	319
480	341	49	Michael	Grimes	40-44	Piranha Tri	TN0900179	00:27:53	444	00:01:43	199	01:09:05	154	00:01:57	498	00:49:42	461	02:30:21			02:30:21	320
87	342	92	Michael	Guerin	30-34	Galway	One Day Licence	00:29:16	506	00:02:08	342	01:14:55	375	00:01:30	319	00:42:33	188	02:30:24			02:30:24	321
504	343	50	Robert	Leonard	40-44		TN 0901062	00:25:35	276	00:02:16	388	01:13:08	298		#N/A		#N/A	02:30:24			02:30:24	321
702	344	71	Mark	Geraghty	35-39	Trilogy	TN0902920	00:22:26	89	00:03:27	575	01:18:31	479	00:01:53	477	00:44:07	256	02:30:26			02:30:26	323
1060	345	93	John	Whelan	30-34		One Day Licence	00:25:23	256	00:01:45	210	01:14:59	377	00:01:08	98	00:47:09	370	02:30:28			02:30:28	324



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
542	346	51	Graeme	Montgomery	40-44		TN0906070-2954	00:27:01	383	00:01:55	270	01:12:08	258	00:01:15	161	00:48:08	404	02:30:30			02:30:30	325
132	347	61	Keith	Mccabe	25-29	Wicklow Triathlon Club	TN0900071	00:25:23	256	00:01:12	49	01:14:11	345	00:01:04	69	00:48:39	424	02:30:31			02:30:31	326
981	348	94	Maurice	Mc cartan	30-34	Ennis	TN0902064	00:28:47	478	00:01:51	243	01:15:43	397	00:01:56	490	00:42:11	173	02:30:31			02:30:31	326
606	349	52	David	Wallace	40-44		TN0901314	00:26:08	306	00:02:11	363	01:13:07	295	00:01:27	277	00:47:39	389	02:30:35			02:30:35	328
806	350	62	Michael	O'donnell	25-29		TN09032233276	00:22:42	98	00:03:00	528	01:14:07	339	00:01:34	356	00:49:11	447	02:30:36			02:30:36	329
697	351	72	Mick	Foy	35-39	3D Triathlon Club	TN0901176	00:27:13	396	00:01:52	250	01:16:21	418	00:02:03	530	00:43:08	222	02:30:39			02:30:39	330
1028	353	95	Graham	Power	30-34	Limerick Triathlon Club	TN0904066-1512	00:23:55	163	00:01:39	184	01:16:32	428	00:01:28	290	00:47:06	364	02:30:42			02:30:42	331
169	354	23	Seamus	Nugent	45-49		One Day Licence	00:22:54	112	00:02:36	466	01:19:51	517	00:01:21	216	00:43:59	251	02:30:44			02:30:44	332
662	355	73	Stuart	Curtis	35-39		TN0902034	00:23:21	132	00:02:10	357	01:15:42	395	00:01:38	387	00:47:57	398	02:30:50			02:30:50	333
734	356	74	John	Kelly	35-39	Cork Tri	TN 0903984	00:27:42	436	00:03:15	555	01:14:42	364	00:02:02	523	00:43:14	229	02:30:57			02:30:57	334
813	357	63	Kevin	O'riordan	25-29		TN0903937	00:27:02	386	00:02:00	297	01:16:49	433	00:02:05	541	00:43:00	213	02:30:58			02:30:58	335
75	358	75	Kevin	Galvin	35-39	Piranha	TN0900558-964	00:26:29	332	00:02:33	462	01:14:39	363	00:01:17	184	00:46:05	325	02:31:04			02:31:04	336
188	359	64	John	O'riordan	25-29		One Day Licence	00:25:23	256	00:02:13	376	01:16:01	409	00:01:40	401	00:45:45	314	02:31:04			02:31:04	336
529	360	53	Aonghus	Mcguinness	40-44	Predator	TN0900335	00:24:59	232	00:02:19	401	01:13:33	316	00:01:24	247	00:48:46	431	02:31:04			02:31:04	336
815	362	76	Doncha	O'sullivan	35-39	3D	TN0901805	00:21:06	43	00:01:53	260	01:18:28	477	00:01:54	483	00:47:45	393	02:31:08			02:31:08	339
462	363	24	Tony	Daley	45-49	Predator Tri Club	TN090354	00:24:59	232	00:02:44	491	01:12:16	263	00:01:43	420	00:49:25	455	02:31:10			02:31:10	340
804	364	77	Fergal	O'connor	35-39		One Day Licence	00:23:31	142	00:02:04	323	01:20:07	530	00:01:43	420	00:43:43	242	02:31:10			02:31:10	340
811	365	78	Shane	O'neill	35-39		One Day Licence	00:28:42	476	00:02:09	349	01:13:12	302	00:01:32	341	00:45:37	309	02:31:14			02:31:14	342
183	366	96	Cian	O'neill	30-34		TN0902503	00:26:31	335	00:01:25	118	01:14:49	369	00:01:18	193	00:47:12	373	02:31:18			02:31:18	343
664	367	79	John	Davie	35-39	Piranha Tri	TN0803482	00:26:43	354	00:01:38	180	01:17:18	447	00:01:32	341	00:44:04	254	02:31:19			02:31:19	344
1052	368	97	John paul	Sweetman	30-34		One Day Licence	00:25:40	280	00:03:22	564	01:16:27	423	00:01:18	193	00:44:29	271	02:31:19			02:31:19	344
551	369	54	Paul	Murphy	40-44	Cork	TN0901586 - 1354	00:26:44	356	00:02:02	306	01:13:45	320	00:01:58	509	00:46:55	353	02:31:26			02:31:26	346
707	370	10	Paul	Grennan	23-24		One Day Licence	00:22:57	114	00:02:18	396	01:20:00	522	00:01:20	209	00:44:52	286	02:31:28			02:31:28	347
906	371	98	Gary	Cullinan	30-34	Phoenix	TN0905188	00:26:34	339	00:02:03	312	01:13:41	319	00:02:04	535	00:47:04	362	02:31:28			02:31:28	347
722	372	80	John	Holland	35-39	3d tri	TN09028552506	00:26:40	349	00:01:50	239	01:12:38	282	00:02:07	549	00:48:17	408	02:31:35			02:31:35	349
913	373	99	Peadar	De barra	30-34		tn0901619	00:32:29	603	00:02:58	523	01:20:42	545	00:01:40	401	00:33:47	10	02:31:37			02:31:37	350
739	374	65	Shane	Kiernan	25-29		One Day Licence	00:26:47	364	00:02:32	458	01:14:52	372	00:02:27	602	00:44:59	289	02:31:39			02:31:39	351
871	375	100	Eli	Braice	30-34	ennis tri	TN0904447695	00:30:04	544	00:02:03	312	01:14:54	373	00:01:28	290	00:43:11	226	02:31:42			02:31:42	352
974	376	101	Paul	Mallon	30-34	Limerick Triathlon Club	TN0903009	00:25:31	271	00:01:32	149	01:14:51	370	00:01:42	412	00:48:07	403	02:31:46			02:31:46	353
430	377	55	John	Brennan	40-44	Waterford Triathlon Club	TN0905959	00:29:26	514	00:02:03	312	01:14:20	353	00:01:20	209	00:44:40	280	02:31:52			02:31:52	354
187	378	81	Ronan	O'reilly	35-39	Cork Triathlon Club	TN0905949-2758	00:28:27	465	00:01:44	205	01:18:52	489	00:00:59	34	00:41:49	162	02:31:54			02:31:54	355
709	379	82	Julian	Grimes	35-39	Triangle	Tn0906277	00:29:43	526	00:03:09	542	01:14:55	375	00:02:01	520	00:42:03	170	02:31:54			02:31:54	355
634	380	11	Mark	Brogan	23-24	Galway Triathlon Club	Sn0800188	00:28:32	468	00:02:28	445	01:16:39	432	00:01:25	255	00:42:52	207	02:31:58			02:31:58	357
885	381	102	Reamonn	Canavan	30-34		One Day Licence	00:26:56	376	00:02:03	312	01:20:00	522	00:01:49	458	00:41:14	149	02:32:05			02:32:05	358
812	382	83	David	O'prey	35-39	Newry	TN0901293	00:26:32	337	00:01:47	224	01:13:22	310	00:01:05	75	00:49:22	453	02:32:12			02:32:12	359
222	383	84	Mark	Walsh	35-39	3 rock	Tn0906359	00:29:24	512	00:02:19	401	01:16:07	411	00:01:46	444	00:42:40	197	02:32:18			02:32:18	360
966	384	103	Billy	Lavelle	30-34		TN0905873	00:25:46	285	00:02:19	401	01:16:02	410	00:02:20	584	00:45:49	317	02:32:18			02:32:18	360
1007	385	104	Marc	O cathasaigh	30-34	Waterford Triathlon Club	TN0905279 - 2288	00:24:48	218	00:02:02	306	01:15:19	388	00:01:28	290	00:48:40	425	02:32:20			02:32:20	362
597	387	56	Dylan	Tanner	40-44	Serpentine	One Day Licence	00:22:11	81	00:02:51	512	01:18:11	467	00:01:51	467	00:47:17	376	02:32:24			02:32:24	363
890	388	105	Liam	Cloake	30-34		TN0904884	00:25:52	290	00:02:10	357	01:10:15	186	00:01:54	483	00:52:12	530	02:32:25			02:32:25	364
175	390	25	Neil	O'brien	45-49		TN0900476	00:24:48	218	00:02:59	524	01:12:00	251	00:01:21	216	00:51:21	511	02:32:32			02:32:32	365
434	391	57	Tim	Butler	40-44		One Day Licence	00:29:12	500	00:03:36	585	01:15:47	399	00:01:12	127	00:42:43	202	02:32:33			02:32:33	366
484	392	26	Ciaran	Hickey	45-49	PULSE	TN0903048	00:24:43	209	00:02:23	422	01:10:45	202	00:03:26	648	00:51:16	507	02:32:37			02:32:37	367
449	393	58	Bernard	Connolly	40-44	carrick tri club	tn0904900	00:27:49	441	00:02:07	337	01:11:06	214	00:01:27	277	00:50:09	479	02:32:40			02:32:40	368
1004	395	106	Colm	Nagle	30-34		One Day Licence	00:26:41	352	00:01:17	75	01:11:18	225	00:01:17	184	00:52:08	527	02:32:43			02:32:43	369
57	396	9	Selwyn	Doran	50-54		TN0900421	00:29:57	540	00:01:15	64	01:13:11	301	00:01:48	451	00:46:32	341	02:32:45			02:32:45	370
863	397	107	Derek	Barrett	30-34	Waterford Tri Club	TN0902475	00:24:47	217	00:02:10	357	01:16:21	418	00:01:25	255	00:48:02	400	02:32:48			02:32:48	371
519	398	59	Paul	Mc erlain	40-44	triangle triathlon club	Tn0901235	00:30:56	572	00:02:45	495	01:15:18	386	00:01:56	490	00:41:52	163	02:32:50			02:32:50	372
756	399	66	Paul	Mc manus	25-29	Tri An Mhi	One Day Licence	00:26:53	374	00:02:15	383	01:16:28	425	00:01:58	509	00:45:15	299	02:32:51			02:32:51	373
763	400	85	Eoin	Mcdonagh	35-39		TN0901276	00:24:01	173	00:01:43	199	01:13:51	329	00:01:43	420	00:51:30	513	02:32:51			02:32:51	373
786	401	67	Mark	Murphy	25-29		One Day Licence	00:24:49	221	00:02:29	448	01:15:49	401	00:01:28	290	00:48:13	406	02:32:51			02:32:51	373
873	402	108	Conor	Bradbury	30-34	T3tri	TN0901566	00:24:42	208	00:01:52	250	01:15:14	382	00:01:32	341	00:49:29	457	02:32:52			02:32:52	376
746	403	86	Robert	Lodge	35-39		TN0903672-1543	00:21:23	53	00:02:25	431	01:20:09	532	00:01:15	161	00:47:39	389	02:32:54			02:32:54	377
499	404	60	Brendan	Kenny	40-44	Wicklow Triathlon Club	TN0904373-1118	00:27:30	417	00:01:44	205	01:12:01	253	00:01:14	147	00:50:22	488	02:32:55			02:32:55	378



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
699	405	68	Micheal	Gaffey	25-29		TN0905939	00:27:11	394	00:02:44	491	01:11:49	247	00:02:03	530	00:49:19	450	02:33:08			02:33:08	379
894	406	109	Seamus	Collins	30-34		TN0901324	00:28:41	474	00:01:59	292	01:11:22	226	00:02:46	622	00:48:21	410	02:33:12			02:33:12	380
820	407	87	Robert	Purcell	35-39		One Day Licence	00:26:46	361	00:02:12	369	01:18:57	491	00:02:26	600	00:42:50	204	02:33:13			02:33:13	381
142	408	61	Dave	Mcevoy	40-44	Belpark	TN0900180	00:27:32	422	00:02:25	431	01:14:48	368	00:01:29	303	00:47:02	359	02:33:19			02:33:19	382
526	409	62	Paul	Mccormac	40-44	Apollo CT	TN0902875	00:33:12	612	00:02:56	518	01:07:59	123	00:01:35	363	00:47:34	388	02:33:19			02:33:19	382
735	410	88	Justin	Kelly	35-39	PULSE	TN0900427	00:29:12	500	00:01:56	281	01:16:30	426	00:01:28	290	00:44:11	262	02:33:20			02:33:20	384
931	411	110	Ger	Foley	30-34	Carrick Tri	TN0902370	00:30:26	554	00:01:45	210	01:14:51	370	00:01:17	184	00:45:02	291	02:33:24			02:33:24	385
902	412	111	Gerard	Copeland	30-34		TN0904570-815	00:31:55	595	00:02:11	363	01:14:23	354	00:01:36	370	00:43:18	230	02:33:26			02:33:26	386
682	413	69	Shane	Enright	25-29		TN0904083	00:23:30	141	00:02:20	411	01:16:55	436	00:01:29	303	00:49:10	446	02:33:27			02:33:27	387
908	415	112	Paul	Curran	30-34	3d tri	TN0900938	00:25:51	289	00:02:29	448	01:22:57	577	00:01:15	161	00:41:00	135	02:33:34			02:33:34	388
770	417	70	Colin	Mcnamara	25-29		One Day Licence	00:21:09	45	00:03:10	544	01:22:29	573	00:01:06	84	00:45:42	313	02:33:39			02:33:39	389
924	419	113	James	Dunphy	30-34	3d tri	TN0901996	00:33:17	614	00:01:18	80	01:13:01	289	00:01:25	255	00:44:45	283	02:33:49			02:33:49	390
973	420	5	David	Mahon	U23	Carrick-On-Suir	JN0902888	00:27:09	393	00:03:16	556	01:19:52	518	00:02:08	556	00:41:31	158	02:33:59			02:33:59	391
717	421	89	John	Heatherington	35-39		One Day Licence	00:24:05	176	00:02:19	401	01:19:31	506	00:01:25	255	00:46:39	344	02:34:02			02:34:02	392
56	422	10	Ken	Doran	50-54		tn0901901	00:27:59	452	00:01:35	162	01:13:45	320	00:01:37	377	00:49:04	443	02:34:03			02:34:03	393
800	423	71	Art	O neachtin	25-29		One Day Licence	00:25:18	251		#N/A		#N/A		#N/A	0.0329282	381	02:34:03			02:34:03	393
956	424	114	Bryan	Kelly	30-34		Tn0905493-2177	00:25:05	243	00:02:09	349	01:17:08	442	00:01:29	303	00:48:13	406	02:34:06			02:34:06	395
848	425	90	Eddie	Swords	35-39		TN0905250_2368	00:30:02	543	00:02:05	330	01:13:45	320	00:01:12	127	00:47:12	373	02:34:18			02:34:18	396
949	426	115	Liam	Hurley	30-34	Cahirciveen Tri Club	TN0904502	00:30:12	549	00:03:02	532	01:16:00	406	00:01:57	498	00:43:06	219	02:34:19			02:34:19	397
95	428	116	Fergus	Hayes	30-34		TN0901467	00:27:27	412	00:02:06	334	01:12:34	274	00:02:20	584	00:49:57	473	02:34:26			02:34:26	398
621	430	72	Greg	Albiston	25-29		One Day Licence	00:23:14	126	00:01:20	89	01:13:01	289	00:01:26	266	00:55:24	583	02:34:27			02:34:27	399
429	431	63	Cameron	Bremner	40-44	Wicklow	TN0901504	00:26:11	308	00:02:43	488	01:15:02	378	00:01:38	387	00:48:51	435	02:34:28			02:34:28	400
690	432	91	Patrick	Finan	35-39		One Day Licence	00:27:36	430	00:02:12	369	01:11:43	241	00:01:45	436	00:51:17	509	02:34:35			02:34:35	401
540	433	64	Raymond	Monaghan	40-44	triangle triathlon club	TN0902133	00:27:48	439	00:03:51	596	01:17:39	456	00:01:44	428	00:43:32	237	02:34:36			02:34:36	402
601	435	27	Noel	Territt	45-49	Trilogy	TN0901607	00:30:17	552	00:01:36	167	01:12:33	273	00:01:05	75	00:49:07	445	02:34:41			02:34:41	403
439	436	65	Christophe	Cauillier	40-44		TN0904455-779	00:26:04	302	00:02:25	431	01:16:23	420	00:01:30	319	00:48:23	414	02:34:47			02:34:47	404
541	437	66	Shane	Monaghan	40-44		TN0902711	00:24:17	191	00:02:03	312	01:15:21	389	00:02:09	558	00:51:02	501	02:34:55			02:34:55	405
795	439	92	John	Nolan	35-39	TRICW	tn0903949	00:27:12	395	00:01:46	218	01:10:35	195	00:02:06	546	00:53:17	547	02:34:58			02:34:58	406
760	440	93	Michael	Mccarthy	35-39	Galway	TN0901498	00:27:01	383	00:01:59	292	01:13:59	337	00:01:30	319	00:50:29	491	02:35:01			02:35:01	407
40	442	94	Paul	Convery	35-39		TN0902382	00:26:28	331	00:02:41	484	01:16:00	406	00:01:38	387	00:48:22	412	02:35:11			02:35:11	408
472	443	28	Brendan	Flynn	45-49	Midland	TN0902898	00:30:26	554	00:01:44	205	01:12:43	283	00:01:57	498	00:48:21	410	02:35:14			02:35:14	409
975	444	117	Damien	Malone	30-34	TN0901143	TN0901143	00:29:53	536	00:02:23	422	01:14:08	340	00:01:18	193	00:47:33	386	02:35:17	00:02:00	Drafting	02:37:17	439
1048	447	118	Henry	Smith	30-34	n/a	One Day Licence	00:28:06	460	00:02:31	453	01:13:08	298	00:02:20	584	00:49:16	448	02:35:25			02:35:25	410
1016	448	119	Gareth	O'connell	30-34		One Day Licence	00:26:22	322	00:01:45	210	01:18:57	491	00:01:14	147	00:47:05	363	02:35:26			02:35:26	411
782	450	95	Andy	Mulligan	35-39	TN0901548	TN0901548	00:39:17	652	00:01:45	210	01:12:04	255	00:01:07	91	00:41:17	152	02:35:33			02:35:33	412
748	452	96	Ed	Loughman	35-39		One Day Licence	00:30:56	572	00:02:07	337	01:14:37	362	00:01:14	147	00:46:51	352	02:35:46			02:35:46	413
639	453	97	David	Calvert	35-39		TN0902278	00:26:13	310	00:02:14	380	01:14:17	349	00:01:15	161	00:51:56	523	02:35:57			02:35:57	414
569	454	29	Andy	Payne	45-49	Hi Elbow	TN0903088	00:27:15	399	00:02:33	462	01:17:24	449	00:01:37	377	00:47:06	364	02:35:58			02:35:58	415
814	455	73	Barry	O'sullivan	25-29		TN0906066	00:23:35	145	00:02:31	453	01:21:50	560	00:02:09	558	00:45:53	321	02:36:01	00:02:00	Drafting	02:38:01	448
713	456	98	Aidan	Hanley	35-39	Galway Triathlon Club	TN0900653	00:28:03	456	00:01:56	281	01:15:48	400	00:01:40	401	00:48:34	418	02:36:03			02:36:03	416
689	457	99	John	Fegan	35-39		TN0906007	00:26:38	345	00:02:08	342	01:17:05	441	00:01:34	356	00:48:40	425	02:36:09			02:36:09	417
582	458	11	Paddy	Ryan	50-54	Three Rock	TN0904060	00:29:10	497	00:03:11	550	01:19:05	496	00:01:31	332	00:43:12	227	02:36:11			02:36:11	418
970	459	120	Eoghan	Lynch	30-34		One Day Licence	00:24:51	223	00:02:42	485	01:18:16	470	00:01:01	50	00:49:23	454	02:36:15			02:36:15	419
518	460	67	Terry	Mc donagh	40-44		One Day Licence	00:27:05	390	00:04:07	611	01:13:48	324	00:02:24	594	00:48:49	434	02:36:16			02:36:16	420
849	462	100	Owen	Wallace	35-39		TN0903916	00:26:51	370	00:02:03	312	01:10:41	198	00:01:38	387	00:55:07	579	02:36:23			02:36:23	421
918	463	121	Peter	Droog	30-34		One Day Licence	00:24:44	212	00:02:07	337	01:21:34	556	00:01:27	277	00:46:30	339	02:36:24			02:36:24	422
505	464	30	Liam	Liddy	45-49	Limerick triathlon	One Day Licence	00:24:11	186	00:02:07	337	01:13:50	325	00:01:54	483	00:54:20	568	02:36:25			02:36:25	423
184	465	68	Conor	O'Neill	40-44	Wicklow	TN090550	00:32:00	597	00:01:31	145	01:15:28	391	00:01:18	193	00:46:05	325	02:36:26			02:36:26	424
759	467	74	Darragh	Mccarthy	25-29	Limerick	TN0904778-1883	00:24:07	178	00:02:40	482	01:18:24	476	00:01:21	216	00:49:50	466	02:36:26			02:36:26	424
963	468	122	Paul	Kinnane	30-34	tn0905102	TN0905102	00:23:19	130	00:01:21	96	01:15:44	398	00:01:25	255	00:54:36	573	02:36:28			02:36:28	426
117	469	101	Andy	Loughena	35-39		TN0903215	00:25:13	247	00:02:06	334	01:15:16	384	00:01:54	483	00:51:58	524	02:36:30			02:36:30	427
784	470	75	David	Murnaghan	25-29		One Day Licence	00:21:12	48	00:02:26	437	01:19:38	508	00:01:57	498	00:51:19	510	02:36:34			02:36:34	428
1063	471	123	Alan	Farrell	30-34	Midland Triathlon Club	TN0906122-2811	00:33:21	615	00:02:42	485	01:15:23	390	00:02:02	523	00:43:05	217	02:36:35			02:36:35	429
561	472	69	Michael	O'brien	40-44		One Day Licence	00:23:53	160	00:04:09	613	01:18:43	484	00:01:53	477	00:48:04	401	02:36:46			02:36:46	430



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
568	473	31	Paul	O'reilly	45-49		One Day Licence	00:27:14	397	00:03:09	542	01:17:39	456	00:01:42	412	00:47:03	360	02:36:49			02:36:49	431
659	474	76	Bernard	Cunningham	25-29	Limerick	tn0904782		#N/A		#N/A	0.0529282	414	0.0013542	498	0.0346181	468	02:36:49			02:36:49	431
701	476	102	Shaun	Galvin	35-39	Tri An Mhi	TN0900839	00:27:22	406	00:02:23	422	01:15:51	402	00:01:27	277	00:49:47	465	02:36:53			02:36:53	433
580	477	32	Richard	Rudkins	45-49	Carrick Tri	TN0901793	00:26:13	310	00:01:32	149	01:13:17	305	00:01:35	363	00:54:22	569	02:37:01			02:37:01	434
440	478	70	Steven	Cautley	40-44		TN0904219	00:30:43	565	00:01:57	284	01:14:26	356	00:01:18	193	00:48:42	428	02:37:09			02:37:09	435
882	479	124	David	Byrne	30-34		TN0903793	00:24:14	190	00:02:39	479	01:16:37	430	00:02:18	578	00:51:21	511	02:37:12			02:37:12	436
513	480	33	John	Mahon	45-49	Carrick-On-Suir	TN0904322	00:29:44	528	00:02:54	514	01:11:24	228	00:02:05	541	00:51:05	504	02:37:14			02:37:14	437
708	481	77	Paul	Griffin	25-29	T3 Triathlon club	TN0901369	00:29:17	507	00:02:03	312	01:13:53	331	00:02:07	549	00:49:52	470	02:37:14			02:37:14	437
422	482	71	Liam	Bell	40-44	Trilogy	TN0904480	00:29:14	503	00:02:04	323	01:14:14	347	00:01:24	247	00:50:23	489	02:37:20			02:37:20	440
933	483	125	Sean	Fox	30-34		TN0905304	00:25:01	237	00:02:28	445	01:18:20	473	00:01:45	436	00:49:51	468	02:37:27			02:37:27	441
983	484	126	Simpson	Mc grath	30-34	Triangle	tn09016261871	00:30:06	546	00:01:48	229	01:13:50	325	00:01:41	407	00:50:04	477	02:37:31			02:37:31	442
895	485	127	Mark	Conneely	30-34		One Day Licence	00:29:14	503	00:04:35	631	01:21:30	553	00:00:58	30	00:41:13	146	02:37:33			02:37:33	443
493	486	34	Ray	Keegan	45-49		TN0902275	00:25:47	286	00:03:24	570	01:15:18	386	00:02:14	569	00:50:48	497	02:37:34			02:37:34	444
1033	488	128	Paul	Redmond	30-34	TRICW	tn0901056	00:26:38	345	00:02:06	334	01:09:41	170	00:01:49	458	00:57:32	612	02:37:48			02:37:48	445
671	492	78	Barry	Donohoe	25-29		TN0905868	00:26:23	325	00:02:55	515	01:17:26	451	00:01:52	474	00:49:17	449	02:37:55			02:37:55	446
609	493	35	Ivan	Yelverton	45-49	Limerick Tri Club	TN0902767-2014	00:26:44	356	00:01:55	270	01:12:30	270	00:01:35	363	00:55:13	580	02:38:00			02:38:00	447
1030	495	129	Thomas	Randles	30-34		TN0900912	00:29:34	519	00:01:53	260	01:18:11	467	00:01:53	477	00:46:31	340	02:38:05			02:38:05	449
162	496	103	Declan	Mullany	35-39	PULSE	TN0900285	00:25:10	244	00:01:36	167	01:15:40	394	00:01:51	467	00:53:50	560	02:38:10			02:38:10	450
52	497	130	Michael	Deasy	30-34	Pirahna	TN0901536	00:27:31	420	00:02:00	297	01:15:51	402	00:01:30	319	00:51:16	507	02:38:11			02:38:11	451
667	498	104	Sean	Doherty	35-39	North West	TN0900168	00:22:43	100	00:02:10	357	01:14:45	367	00:01:29	303	00:57:01	607	02:38:11			02:38:11	451
987	499	131	Sean	Mccann	30-34		TN0905356	00:31:25	586	00:04:49	635	01:17:11	444	00:02:07	549	00:42:36	193	02:38:11			02:38:11	451
426	500	72	Marcus	Boland	40-44	athlone tri club	TN0904886-1670	00:26:39	347	00:02:26	437	01:18:55	490	00:01:39	394	00:48:33	417	02:38:14			02:38:14	454
604	501	73	Aidan	Troy	40-44		TN0905828	00:25:22	254	00:03:10	544	01:17:28	452	00:01:50	463	00:50:24	490	02:38:16			02:38:16	455
805	502	105	Conrad	O'dea	35-39		TN0905915	00:29:04	490	00:02:25	431	01:17:44	459	00:02:05	541	00:46:56	354	02:38:17			02:38:17	456
992	503	132	Anthony	Mcmahon	30-34		One Day Licence	00:26:07	305	00:03:36	585	01:15:54	404	00:02:00	513	00:50:39	493	02:38:19			02:38:19	457
552	505	36	Nick	Nally	45-49	Tri An Mhi	TN0903226	00:26:50	369	00:01:51	243	01:14:10	342	00:02:18	578	00:53:18	548	02:38:30			02:38:30	458
508	506	74	Paul	Lyons	40-44	Belpark	TN0900165	00:30:58	575	00:02:19	401	01:15:16	384	00:01:28	290	00:48:29	415	02:38:32			02:38:32	459
29	508	12	Justin	Carton	50-54		TN0901002	00:24:43	209	00:02:17	392	01:19:38	508	00:01:04	69	00:50:54	499	02:38:39			02:38:39	460
538	509	37	Eamonn	Moloney	45-49		TN0903748	00:29:47	530	00:03:06	537	01:18:10	466	00:01:24	247	00:46:13	329	02:38:42			02:38:42	461
880	510	133	Barry	Byrne	30-34	Racing 795	TN0903898	00:25:28	270	00:02:25	431	01:19:17	499	00:01:17	184	00:50:18	485	02:38:47			02:38:47	462
1029	511	134	Gareth	Presch	30-34		One Day Licence	00:29:05	493	00:02:36	466	01:14:54	373	00:01:57	498	00:50:17	484	02:38:52			02:38:52	463
506	514	75	Barry	Lynch	40-44		TN0900437	00:27:27	412	00:01:55	270	01:16:10	412	00:01:41	407	00:51:44	517	02:39:00			02:39:00	464
507	515	76	Eddie	Lynch	40-44	Pulse Triathlon Club	TN0902908	00:29:49	532	00:02:45	495	01:11:08	218	00:01:48	451	00:53:30	555	02:39:02			02:39:02	465
567	517	77	Noel	O'reilly	40-44	Trilogy	TN0903422	00:31:30	587	00:02:08	342	01:14:13	346	00:01:14	147	00:49:56	472	02:39:05			02:39:05	466
605	518	78	Conor	Wall	40-44		One Day Licence	00:26:47	364	00:02:04	323	01:18:33	481	00:01:49	458	00:50:05	478	02:39:20			02:39:20	467
808	519	106	Jack	Olden	35-39	Pirahna	TN09052622319	00:22:37	95	00:02:12	369	01:16:54	435	00:01:35	363	00:56:11	593	02:39:32			02:39:32	468
1014	520	135	Paul	O'carroll	30-34	The Tri Amigos	One Day Licence	00:26:40	349	00:03:07	538	01:16:59	440	00:02:51	627	00:49:50	466	02:39:32			02:39:32	468
572	521	79	John	Power	40-44	Waterford Triathlon Club	TN0903170	00:29:42	524	00:02:11	363	01:08:42	146	00:02:00	513	00:56:57	605	02:39:35			02:39:35	470
791	522	79	John	Murray	25-29		One Day Licence	00:27:25	409	00:02:42	485	01:22:00	563	00:01:14	147	00:46:12	327	02:39:35			02:39:35	470
905	523	136	Noel	Crowley	30-34		TN0901420	00:30:17	552	00:02:49	507	01:17:52	460	00:01:29	303	00:47:07	368	02:39:36			02:39:36	472
753	524	107	Noel	Mc grath	35-39		One Day Licence	00:26:22	322	00:01:36	167	01:16:00	406	00:02:14	569	00:53:21	549	02:39:37			02:39:37	473
652	528	108	Graham	Cooper	35-39		TN0902618	00:27:56	449	00:03:35	583	01:19:34	507	00:02:00	513	00:46:40	346	02:39:47			02:39:47	474
675	529	109	Richard	Doyle	35-39	T3 Tri Club	TN0903201	00:28:27	465	00:02:16	388	01:18:23	475	00:01:46	444	00:48:54	439	02:39:48			02:39:48	475
853	530	110	Matt	Widdowson	35-39		TN0906100	00:27:34	428	00:02:23	422	01:16:57	438	00:01:57	498	00:51:00	500	02:39:54			02:39:54	476
451	533	38	Martin	Cooke	45-49	tri na mhi	TN0904512-812	00:31:11	581	00:03:03	533	01:15:15	383	00:02:16	573	00:48:17	408	02:40:04			02:40:04	477
69	534	80	Kieran	Eaton	40-44	West Waterford Athletics Club	TN0905460	00:26:43	354	00:02:57	520	01:18:12	469	00:01:24	247	00:50:47	496	02:40:05			02:40:05	478
740	535	80	Paul	Kilmartin	25-29	3d tri	TN0902724	00:29:04	490	00:02:13	376	01:24:46	601	00:01:31	332	00:42:46	203	02:40:23			02:40:23	479
494	536	81	Sean	Kelleher	40-44	Midland	TN0905692-2516	00:30:28	557	00:02:13	376	01:13:50	325	00:03:06	639	00:50:45	494	02:40:24			02:40:24	480
747	538	81	Daniel	Logan	25-29		One Day Licence	00:25:03	240	00:03:52	600	01:24:58	607	00:01:52	474	00:44:54	287	02:40:42			02:40:42	481
765	539	111	Fergal	Mcdonnell	35-39		TN0902107	00:29:11	498	00:03:00	528	01:19:21	500	00:02:14	569	00:46:56	354	02:40:45			02:40:45	482
156	540	82	Niall	Michel	40-44		TN0904550-1306	00:31:31	588	00:02:36	466	01:16:27	423	00:01:27	277	00:48:43	429	02:40:46			02:40:46	483
638	544	12	Kevin	Butler	23-24		TN0905140-2039	00:25:54	294	00:02:57	520	01:22:14	571	00:01:18	193	00:48:38	422	02:41:04			02:41:04	484
916	546	137	Larry	Douglas	30-34		TN09066893081	00:27:39	433	00:02:23	422	01:20:36	544	00:01:37	377	00:48:47	432	02:41:05			02:41:05	485
468	547	39	Leslie	Duckett	45-49	PULSE	TN0900148	00:29:11	498	00:02:36	466	01:20:03	526	00:01:50	463	00:47:23	378	02:41:06			02:41:06	486



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
725	549	112	Neville	Kavanagh	35-39		One Day Licence	00:27:43	437	00:03:30	578	01:22:06	566	00:00:54	17	00:47:18	377	02:41:34			02:41:34	487
521	550	83	Stephen	Mc manus	40-44	Naas Whhelworx Tri Club	TN0900957	00:28:08	461	00:02:12	369	01:14:33	360	00:02:09	558	00:54:31	571	02:41:36			02:41:36	488
463	551	84	Cahill	Dan	40-44	Limerick	One Day Licence	00:30:52	569	00:02:59	524	01:12:36	278	00:04:07	655	00:51:02	501	02:41:38			02:41:38	489
847	552	113	Edward	Sweetman	35-39		One Day Licence	00:24:28	202	00:01:53	260	01:20:49	547	00:02:02	523	00:52:28	535	02:41:43			02:41:43	490
776	553	114	Don	Morrissey	35-39		One Day Licence	00:27:50	443	00:02:47	499	01:20:33	539	00:01:28	290	00:49:06	444	02:41:47			02:41:47	491
922	554	138	Neil	Duignan	30-34		One Day Licence	00:27:57	451	00:03:22	564	01:17:55	462	00:02:52	630	00:49:43	462	02:41:50			02:41:50	492
471	557	7	Jim	Fitzharris	55-59	T3	TN0901367	00:30:00	541	00:02:25	431	01:19:56	520	00:01:39	394	00:47:51	395	02:41:53			02:41:53	493
18	558	85	Patrick	Brennan	40-44		TN0903619	00:31:10	579	00:02:31	453	01:16:31	427	00:01:45	436	00:49:59	474	02:41:58			02:41:58	494
909	560	139	Anthony	Darley	30-34		tn0904344	00:32:33	604	00:02:59	524	01:12:58	288	00:01:57	498	00:51:42	516	02:42:11			02:42:11	495
67	562	115	Joe	Dutton	35-39	Wicklow	TN0904003	00:21:24	54	00:02:45	495	01:22:02	564	00:02:00	513	00:54:14	567	02:42:27			02:42:27	496
771	563	116	Donnacha	Mcnamara	35-39	Limerick	TN0901981	00:29:13	502	00:02:32	458	01:20:16	535	00:01:33	351	00:48:51	435	02:42:28			02:42:28	497
594	564	86	Liam	Sweeney	40-44		TN0906542	00:30:41	564	00:02:12	369	01:22:07	567	00:01:26	266	00:46:00	324	02:42:29			02:42:29	498
610	566	87	Gavin	Young	40-44	Gavin Young	TN0904640-1661	00:28:41	474	00:02:07	337	01:22:20	572	00:01:12	127	00:48:12	405	02:42:34			02:42:34	499
1055	567	140	Colum	Traynor	30-34		TN0906657	00:27:25	409	00:03:18	560	01:20:49	547	00:01:39	394	00:49:38	460	02:42:51			02:42:51	500
724	568	82	Nicholas	Jeffers	25-29		One Day Licence	00:26:03	299	00:03:32	581	01:18:40	483	00:02:46	622	00:51:47	518	02:42:52			02:42:52	501
779	569	117	Simon	Moynihan	35-39		TN0906508	00:31:10	579	00:04:25	627		#N/A		#N/A	00:47:32	385	02:42:56			02:42:56	502
663	570	118	Barry	D'arcy	35-39		TN0900562	00:31:12	582	00:02:08	342	01:19:00	494	00:01:59	511	00:48:38	422	02:42:59			02:42:59	503
1022	571	141	Declan	O'neill	30-34		One Day Licence	00:29:51	534	00:03:55	604	01:16:56	437	00:02:12	566	00:50:03	475	02:43:01			02:43:01	504
785	572	119	Mark	Murnaghan	35-39		One Day Licence	00:27:21	405	00:02:39	479	01:22:12	570	00:01:29	303	00:49:19	450	02:43:03			02:43:03	505
757	573	83	Hugh r	Mccann	25-29		TN0902088	00:25:01	237	00:02:45	495	01:21:50	560	00:02:04	535	00:51:30	513	02:43:13			02:43:13	506
427	574	40	Seamus	Bracken	45-49	Midland Triathlon Club	One Day Licence	00:28:04	458	00:04:19	623	01:17:10	443	00:02:34	609	00:51:05	504	02:43:15			02:43:15	507
525	575	41	Paul	Mccool	45-49	Midland Triathlon Club	TN0902210	00:26:35	340	00:02:31	453	01:22:43	576	00:01:37	377	00:49:46	463	02:43:15			02:43:15	507
778	576	120	Patrick	Moylan	35-39	Ennis Tri Club	TN0901858	00:33:47	620	00:01:59	292	01:16:15	415	00:01:15	161	00:50:03	475	02:43:22			02:43:22	509
792	577	121	Brian	Nevin	35-39	Ennis Tri Club	tn0902879	00:31:34	591	00:02:08	342	01:18:28	477	00:01:43	420	00:49:26	456	02:43:22			02:43:22	509
593	581	88	John	Staunton	40-44	Piranha	TN0900426	00:27:49	441	00:02:50	510	01:19:42	511	00:02:07	549	00:51:12	506	02:43:42			02:43:42	511
520	582	42	David	Mc grath	45-49	T3 Triathlon club	One Day Licence	00:32:50	607	00:02:21	413	01:19:39	510	00:02:07	549	00:46:49	350	02:43:48			02:43:48	512
438	584	89	David	Casey	40-44		One Day Licence	00:26:49	366	00:04:30	628	01:17:25	450	00:02:25	596	00:52:42	539	02:43:54			02:43:54	513
585	585	43	Paul	Scott	45-49		One Day Licence	00:29:32	518	00:02:27	441	01:18:01	464	00:02:00	513	00:51:53	522	02:43:54			02:43:54	513
692	586	122	Ray	Fitzgerald	35-39		One Day Licence	00:32:28	602	00:03:12	551	01:19:45	513	00:01:30	319	00:46:57	356	02:43:55			02:43:55	515
919	587	142	Alan	Duffy	30-34	athlone tri club	tn0906527	00:28:00	454	00:03:26	571	01:20:07	530	00:02:03	530	00:50:18	485	02:43:57			02:43:57	516
71	590	123	Dave	Fitzgerald	35-39	Limerick Tri Club	TN0904548	00:27:18	403	00:02:57	520	01:19:13	497	00:02:08	556	00:52:43	540	02:44:23			02:44:23	517
656	592	124	Peter	Coulahan	35-39		TN0904252830	00:31:23	584	00:02:55	515	01:18:06	465	00:02:13	567	00:50:10	480	02:44:50			02:44:50	518
641	596	125	John	Carew	35-39	Waterford	TN0902053	00:28:32	468	00:02:47	499	01:20:01	524	00:01:26	266	00:52:18	533	02:45:07			02:45:07	519
816	597	126	Mark	O'sullivan	35-39	Trilogy	TN0902318	00:31:24	585	00:01:26	121	01:13:03	292	00:01:40	401	00:57:36	614	02:45:11			02:45:11	520
86	598	8	Michael	Griffin	55-59	Limerick	One Day Licence	00:33:33	618	00:02:39	479	01:19:00	494	00:01:56	490	00:48:01	399	02:45:12			02:45:12	521
904	600	143	Declan	Crowley	30-34		tn0904791	00:31:17	583	00:04:23	624	01:21:36	558	00:01:44	428	00:46:16	331	02:45:19			02:45:19	522
858	601	84	Harry	Byrne	25-29	Pulse	tn0904483	00:26:49	366	00:02:27	441	01:24:02	592	00:01:26	266	00:50:46	495	02:45:33			02:45:33	523
473	602	44	Mark	Foran	45-49	Riverview	One Day Licence	00:29:06	494	00:02:40	482	01:14:43	365	00:01:25	255	00:57:41	615	02:45:37			02:45:37	524
698	603	127	Alan	Frahill	35-39	Limerick	TN0904657	00:26:20	319	00:01:54	267	01:19:59	521	00:01:45	436	00:55:37	586	02:45:38			02:45:38	525
948	604	144	Des	Howlin	30-34	Athlone Triathlon Club	TN0903794	00:24:59	232	00:02:15	383	01:19:45	513	00:01:50	463	00:56:51	603	02:45:43			02:45:43	526
509	605	90	Ultan	Mac mathúna	40-44		TN0902982	00:29:18	509	00:03:23	569	01:18:44	486	00:01:29	303	00:52:48	541	02:45:46			02:45:46	527
420	606	45	Philip	Aherne	45-49	Naas Wheelworx TC	One Day Licence	00:25:13	247	00:05:23	644	01:12:15	262	00:04:50	658	00:58:04	623	02:45:47			02:45:47	528
608	607	91	Michael	Ward	40-44	Carrick-On-Suir	TN09 01051	00:30:34	562	00:02:01	304	01:16:58	439	00:01:36	370	00:54:45	575	02:45:58			02:45:58	529
642	608	128	Alan	Carolan	35-39	pulse tri club	TN0904918	00:29:02	489	00:02:05	330	01:23:50	589	00:02:28	604	00:48:32	416	02:45:59			02:45:59	530
515	609	46	Declan	Marnane	45-49		One Day Licence	00:25:03	240	00:03:55	604	01:23:57	591	00:01:14	147	00:51:48	520	02:46:00			02:46:00	531
469	610	47	Patrick	Feerick	45-49		TN0901874	00:29:22	511	00:02:34	465	01:23:01	578	00:02:03	530	00:49:02	442	02:46:04			02:46:04	532
946	611	145	Mark	Hogg	30-34		TN0903453	00:30:31	560	00:02:33	462	01:18:21	474	00:01:15	161	00:53:29	554	02:46:12			02:46:12	533
490	612	48	Mark	Keane	45-49		One Day Licence	00:25:19	253	00:02:48	503	01:17:19	448	00:01:12	127	00:59:32	632	02:46:13			02:46:13	534
1026	616	146	John	O'sullivan	30-34		TN0803126	00:22:34	94	00:01:55	270	01:21:31	554	00:02:25	596	00:58:01	621	02:46:28			02:46:28	535
563	617	13	Desmond	O'hagan	50-54	Apollo CT	TN 2612	00:27:31	420	00:04:10	614	01:24:12	595	00:01:52	474	00:48:48	433	02:46:36			02:46:36	536
928	618	147	Ronan	Farrell	30-34	Limerick Tri Club	TN0905756-2473	00:26:31	335	00:03:00	528	01:18:43	484	00:01:27	277	00:56:51	603	02:46:36			02:46:36	536
927	619	148	Ian	Fagan	30-34		TN0904169	00:28:22	463	00:02:20	411	01:19:21	500	00:02:04	535	00:54:36	573	02:46:45			02:46:45	538
497	620	9	Thomas	Kelly	55-59	3 Rock Triathlon Club	TN0906027	00:35:45	634	00:01:55	270	01:20:04	527	00:01:37	377	00:47:24	379	02:46:48			02:46:48	539
840	622	129	Glen	Staunton	35-39	manchester triathlon	One Day Licence	00:21:36	60	00:02:19	401	01:18:45	487	00:01:39	394	01:02:33	644	02:46:55			02:46:55	540



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
912	623	149	Owen	Davies	30-34		One Day Licence	00:27:37	432	00:03:53	601	01:20:06	528	00:01:53	477	00:53:27	551	02:46:59			02:46:59	541
631	624	130	Aodan	Bourke	35-39		One Day Licence	00:25:22	254	00:03:26	571	01:24:57	605	00:01:16	174	00:52:06	526	02:47:11			02:47:11	542
684	625	131	Niall	Fahy	35-39		One Day Licence	00:25:11	245	00:03:26	571	01:18:48	488	00:03:25	647	00:56:18	596	02:47:11			02:47:11	542
587	626	92	Mark	Simpson	40-44		tn0900618	00:26:03	299	00:05:36	647	01:20:27	538	00:02:43	621	00:52:22	534	02:47:13			02:47:13	544
501	628	93	John	Kilrairie	40-44		One Day Licence	00:29:08	495	00:03:22	564	01:19:44	512	00:02:07	549	00:52:55	542	02:47:18			02:47:18	545
695	630	132	David	Forristal	35-39	Waterford	TN0901936	00:31:39	592	00:04:00	607	01:21:08	551	00:02:49	626	00:47:55	396	02:47:33			02:47:33	546
474	631	94	Padraig	Forde	40-44		One Day Licence	00:37:50	648	00:04:34	630	01:17:28	452	00:02:32	606	00:45:09	296	02:47:36			02:47:36	547
930	632	150	Jamie	Fitzmaurice	30-34		One Day Licence	00:35:55	637	00:03:54	603	01:21:31	554	00:01:49	458	00:44:32	274	02:47:45			02:47:45	548
657	633	133	Derek	Cowan	35-39		TN0901804	00:26:14	312	00:03:30	578	01:18:19	472	00:03:19	646	00:56:35	599	02:47:59			02:47:59	549
100	634	151	Paul	Horan	30-34		TN0901606	00:26:26	329	00:03:36	585	01:20:23	537	00:02:13	567	00:55:21	582	02:48:02			02:48:02	550
874	638	152	Killian	Brady	30-34	Midland Tri	TN0901107	00:25:26	266	00:03:03	533	01:22:11	569	00:02:21	588	00:55:16	581	02:48:19			02:48:19	551
475	640	95	Gavin	Fraser	40-44	TRICW	tn0901438-957	00:29:14	503	00:02:49	507	01:21:34	556	00:01:45	436	00:52:58	543	02:48:22			02:48:22	552
762	641	85	Peter	Mccartney	25-29	3d tri	TN0903236	00:24:44	212	00:02:44	491	01:20:33	539	00:02:04	535	00:58:19	626	02:48:27			02:48:27	553
628	642	134	Simon	Bewley	35-39	Wicklow Triathlon Club	TN0901287	00:31:03	576	00:02:44	491	01:24:27	598	00:01:27	277	00:48:51	435	02:48:34	00:02:00	Drafting	02:50:34	562
511	644	14	Terry	Macallister	50-54	Hi Elbow	TN0904662	00:30:05	545	00:03:19	562	01:17:54	461	00:03:08	640	00:54:24	570	02:48:53			02:48:53	554
716	645	135	Brendan	Hayes	35-39		TN0900945	00:32:51	608	00:02:00	297	01:18:34	482	00:01:24	247	00:54:03	564	02:48:55			02:48:55	555
546	646	15	Hugh	Mulcahy	50-54	T3	TN0903495-2745	00:31:56	596	00:03:10	544	01:13:56	334	00:01:22	228	00:58:30	628	02:48:57			02:48:57	556
937	647	153	Paul	Glendinning	30-34		TN0900588	00:27:53	444	00:02:18	396	01:24:18	597	00:01:15	161	00:53:28	553	02:49:14			02:49:14	557
828	648	86	Justin	Rice	25-29	Midland Triathlon Club	TN0904141-1541	00:31:31	588	00:04:38	634	01:23:25	585	00:02:11	565	00:47:27	383	02:49:16			02:49:16	558
837	651	136	George	Sherwood	35-39		One Day Licence	00:28:29	467	00:02:52	513	01:23:20	584	00:01:37	377	00:53:26	550	02:49:47			02:49:47	559
564	653	49	Liam	O'hagan	45-49	PULSE	TN0901020	00:34:43	628	00:01:57	284	01:17:37	455	00:01:47	449	00:53:50	560	02:49:57			02:49:57	560
694	654	137	Aidan	Fleming	35-39		TN0905382-2120	00:30:15	550	00:02:47	499	01:24:08	594	00:01:19	202	00:51:40	515	02:50:12			02:50:12	561
742	656	138	Trevor	Lawless	35-39		TN0901604	00:28:35	472	00:02:32	458	01:27:28	630	00:01:38	387	00:50:21	487	02:50:37			02:50:37	563
797	657	87	Liam	O'connell	25-29		One Day Licence	00:26:44	356	00:04:17	621	01:23:35	587	00:02:46	627	00:53:14	546	02:50:39			02:50:39	564
425	658	50	Liam	Boggan	45-49	T3 Triathlon club	tn0902344	00:35:03	629	00:01:42	196	01:19:48	516	00:01:42	412	00:52:38	538	02:50:54			02:50:54	565
478	659	96	Michael	Greally	40-44		One Day Licence	00:30:57	574	00:03:10	544	01:20:35	543	00:02:14	569	00:54:10	566	02:51:09			02:51:09	566
831	660	139	Joe	Ryan	35-39		TN0905260_2340	00:31:47	593	00:02:17	392	01:23:07	582	00:01:18	193	00:52:37	537	02:51:09			02:51:09	566
1025	661	154	Eoin	O'sullivan	30-34	Galway	TN0904851	00:30:32	561	00:01:37	174	01:19:14	498	00:01:42	412	00:58:01	621	02:51:09			02:51:09	566
818	662	140	Leo	Peyton	35-39		One Day Licence	00:28:55	485	00:05:13	643	01:20:16	535	00:02:53	632	00:53:49	559	02:51:10			02:51:10	569
839	663	141	Ronan	Stafford	35-39		One Day Licence	00:28:58	487	00:02:37	471	01:23:36	588	00:01:57	498	00:54:07	565	02:51:18			02:51:18	570
528	664	51	Aidan	Mcguigan	45-49	No Club	TN0905550	00:29:24	512	00:03:51	596	01:25:46	614	00:02:01	520	00:50:14	481	02:51:19			02:51:19	571
1041	666	155	Peter	Shanley	30-34		One Day Licence	00:27:28	415	00:03:38	592	01:25:34	612	00:02:22	591	00:52:16	532	02:51:21			02:51:21	572
729	668	142	Scott	Keister	35-39		One Day Licence	00:34:09	623	00:03:38	592	01:23:34	586	00:01:56	490	00:48:05	402	02:51:25			02:51:25	573
640	669	88	John	Campbell	25-29	PULSE	TN0901689	00:27:53	444	00:02:23	422	01:25:33	611	00:01:37	377	00:53:59	563	02:51:28			02:51:28	574
824	671	143	Michael	Quinn	35-39		One Day Licence	00:33:15	613	00:02:56	518	01:23:09	583	00:02:20	584	00:49:53	471	02:51:35			02:51:35	575
955	672	156	Adrian	Kelly	30-34		TN09059482724	00:26:59	379	00:04:59	639	01:24:54	603	00:03:37	651	00:51:02	501	02:51:35			02:51:35	575
166	674	89	Gavin	Noble	25-29	00:00:00	One Day Licence	00:15:11	1	00:00:49	2	02:03:19	664	00:01:41	407	00:30:53	2	02:51:55			02:51:55	577
590	676	52	Michael	Soden	45-49		TN0902045-2360	00:28:53	484	00:03:36	585	01:22:36	574	00:01:31	332	00:55:33	585	02:52:11			02:52:11	578
850	677	144	John	Waters	35-39		One Day Licence	00:31:54	594	00:03:01	531	01:19:24	503	00:01:34	356	00:56:15	594	02:52:11			02:52:11	578
932	678	157	Darren	Foster	30-34	Belpark	TN0901539	00:29:45	529	00:01:38	180	01:19:28	505	00:02:06	546	00:59:15	630	02:52:15			02:52:15	580
1062	679	158	Sean	Young	30-34	Bell Park	TN0904940-2016	00:35:31	633	00:02:37	471	01:19:45	513	00:02:05	541	00:52:14	531	02:52:15			02:52:15	580
477	680	53	Dan	Geary	45-49		One Day Licence	00:39:49	657	00:03:49	594	01:15:33	393	00:02:30	605	00:50:38	492	02:52:22			02:52:22	582
744	681	145	Eamon	Leonard	35-39		tn0903513	00:27:26	411	00:02:30	452	01:24:55	604	00:01:48	451	00:55:42	588	02:52:24			02:52:24	583
881	682	159	Conor	Byrne	30-34		One Day Licence	00:33:29	617	00:06:53	654	01:17:42	458	00:02:24	594	00:52:04	525	02:52:35			02:52:35	584
1001	685	160	George	Mullis	30-34		tn09042391348	00:32:06	598	00:01:54	267	01:19:54	519	00:01:26	266	00:57:33	613	02:52:56			02:52:56	585
736	686	90	Niall	Kelly	25-29		One Day Licence	00:30:43	565	00:03:58	606	01:26:57	625	00:01:38	387	00:49:46	463	02:53:05			02:53:05	586
971	687	161	Niall	Mac an tsonnaigh	30-34		One Day Licence		#N/A		#N/A		#N/A		#N/A		#N/A	02:53:05			02:53:05	586
1010	689	162	Dermot	O leary	30-34	Trigoly	TN0900212	00:29:38	522	00:01:27	126	01:24:13	596	00:01:16	174	00:56:44	602	02:53:21			02:53:21	588
503	690	54	Laserian	Lacey	45-49		TN0904855-1829	00:39:40	656	00:03:08	540	01:20:06	528	00:01:42	412	00:48:53	438	02:53:33			02:53:33	589
972	692	163	Garret	Maher	30-34	Galway Triathlon Club	SN0900655	00:28:51	481	00:02:24	429	01:23:03	580	00:01:21	216	00:58:07	624	02:53:48			02:53:48	590
1043	693	164	Russell	Sheehan	30-34		One Day Licence	00:42:31	664	00:03:10	544	01:19:24	503	00:01:57	498	00:46:45	349	02:53:49			02:53:49	591
658	695	91	Jamie	Cummins	25-29	PULSE	tn0904457	00:28:51	481	00:02:21	413	01:22:08	568	00:02:17	576	00:58:16	625	02:53:56			02:53:56	592
423	697	55	Neil	Blaney	45-49	None	TN0900359	00:36:15	639	00:05:46	649	01:20:34	542	00:01:53	477	00:49:37	459	02:54:07			02:54:07	593
947	698	165	Patrick	Howard	30-34		TN0903381	00:30:26	554	00:02:03	312	01:26:56	624	00:01:19	202	00:53:27	551	02:54:14			02:54:14	594



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking	
435	699	97	Denis	Carrigan	40-44		One Day Licence	00:32:11	600	00:04:50	636	01:24:51	602	00:02:52	630	00:49:32	458	02:54:19			02:54:19	595	
711	702	146	Mike	Halpin	35-39		One Day Licence	00:29:29	516	00:03:18	560	01:25:56	616	00:02:37	615	00:53:12	545	02:54:35			02:54:35	596	
586	703	98	John	Sheehan	40-44		TN 0900619	00:29:37	521	00:06:41	653	01:23:56	590	00:02:34	609	00:51:50	521	02:54:41			02:54:41	597	
819	705	147	Niall	Prenty	35-39		TN09063663300	00:30:00	541	00:04:11	617	01:24:37	599		#N/A		#N/A	02:55:09			02:55:09	598	
647	706	148	Peter	Casey	35-39		One Day Licence	00:28:33	471	00:03:36	585	01:27:22	629	00:01:51	467	00:53:46	558	02:55:11			02:55:11	599	
487	707	2	Derek	Jennings	60-64		00:00:00	One Day Licence	00:32:48	606	00:03:50	595	01:18:32	480	00:02:35	613	00:57:51	619	02:55:38			02:55:38	600
859	708		Jarleth	Mahan		Midland Tri Club	One Day Licence	00:27:48	439	00:03:51	596	01:26:25	619	00:01:56	490	00:55:46	589	02:55:48			02:55:48	601	
834	709	13	Paul	Shannon	23-24		One Day Licence	00:35:52	636	00:02:37	471	01:27:44	634	00:04:04	654	00:45:36	308	02:55:56			02:55:56	602	
1000	710	166	Richard	Mullan	30-34		One Day Licence	00:26:05	303	00:02:16	388	01:29:03	642	00:01:35	363	00:57:00	606	02:56:01			02:56:01	603	
892	712	167	Alan	Colleran	30-34		TN0906575	00:28:05	459	00:02:23	422	01:27:41	633	00:01:30	319	00:56:38	601	02:56:19			02:56:19	604	
437	713	99	Michael j.	Carroll	40-44	Waterford Triathlon Club	TN0900387	00:35:47	635	00:03:53	601	01:20:42	545	00:02:51	627	00:53:06	544	02:56:21	00:02:00	Drafting	02:58:21	615	
467	715	56	Davitt	Drohan	45-49		TN0902138	00:27:53	444	00:01:49	235	01:20:01	524	00:01:43	420	01:05:20	654	02:56:49			02:56:49	605	
11	716	149	Eoin	Bastible	35-39		One Day Licence	00:28:49	479	00:03:36	585	01:24:03	593	00:03:15	643	00:57:05	610	02:56:50			02:56:50	606	
833	717	150	Julian	Seymour	35-39		TN09030062775	00:30:45	567	00:04:14	620	01:22:38	575	00:02:54	633	00:56:17	595	02:56:51			02:56:51	607	
207	721	100	Eamonn	Rogers	40-44	Piranha	TN0904171	00:28:02	455	00:03:08	540	01:32:25	650	00:01:29	303	00:52:09	529	02:57:17			02:57:17	608	
917	723	168	Hugh	Dowling	30-34	Ennis Tri Club	TN0905467	00:30:29	559	00:04:23	624	01:15:56	405	00:02:00	513	01:04:32	652	02:57:23			02:57:23	609	
944	724	169	Dennis	Heydendael	30-34	Galway Triathlon Club	TN0902533	00:29:40	523	00:03:51	596	01:20:14	534	00:02:34	609	01:01:14	637	02:57:36			02:57:36	610	
595	726	16	Sean	Sweeney	50-54	Naaswheelworxtc	TN0906255	00:32:33	604	00:07:49	659	01:26:44	622	00:01:56	490	00:48:37	421	02:57:41			02:57:41	611	
704	727	151	David	Goddard	35-39		One Day Licence	00:40:37	660	00:01:59	292	01:21:02	549	00:02:02	523	00:52:32	536	02:58:15			02:58:15	612	
454	728	101	Paul	Cotter	40-44	Galway	TN0902729	00:32:09	599	00:04:11	617	01:21:06	550	00:02:23	593	00:58:25	627	02:58:17			02:58:17	613	
772	729	152	Kenny	Mctigue	35-39		One Day Licence	00:37:25	644	00:04:06	609	01:20:11	533	00:02:55	636	00:53:37	557	02:58:17			02:58:17	613	
446	732	102	Eddie	Collins	40-44		One Day Licence	00:29:17	507	00:07:13	656	01:20:33	539	00:06:52	661	00:55:29	584	02:59:26			02:59:26	616	
681	733	153	Tobias	Engel	35-39		One Day Licence	00:34:31	627	00:04:37	633	01:22:03	565	00:03:18	645	00:54:57	577	02:59:29			02:59:29	617	
445	734	103	Brian	Collins	40-44		One Day Licence	00:29:04	490	00:07:23	657	01:25:08	609	00:02:21	588	00:55:37	586	02:59:35			02:59:35	618	
600	735	104	Kevin	Tempany	40-44		One Day Licence	00:29:27	515	00:03:22	564	01:28:13	637	00:02:10	564	00:56:37	600	02:59:52	00:02:00	Drafting	03:01:52	624	
431	737	105	Paul	Brennan	40-44		One Day Licence	00:30:36	563	00:03:07	538	01:26:17	618	00:01:51	467	00:57:59	620	02:59:53			02:59:53	619	
790	738	92	Derek	Murray	25-29		One Day Licence	00:38:44	650	00:02:43	488	01:21:51	562	00:01:09	104	00:55:52	590	03:00:21			03:00:21	620	
1013	739	170	Kieran	O'brien	30-34		TN0901486	00:30:53	570	00:03:26	571	01:26:25	619	00:01:51	467	00:57:46	616	03:00:23			03:00:23	621	
995	741	171	Niall	Mitchell	30-34	Piranha Tri	TN0900366	00:30:06	546	00:01:37	174	01:23:02	579	00:02:16	573	01:03:52	648	03:00:56			03:00:56	622	
575	742	106	Eugene	Riordan	40-44		TN0902990	00:27:15	399	00:03:16	556	01:30:59	646	00:02:32	606	00:57:03	609	03:01:07			03:01:07	623	
842	746	154	Graham	Stubbs	35-39		One Day Licence	00:32:18	601	00:04:10	614	01:21:29	552	00:02:01	520	01:01:57	640	03:01:57			03:01:57	625	
886	748	172	David	Casey	30-34	00:00:00	One Day Licence	00:37:36	647	00:03:31	580	01:25:07	608	00:02:17	576	00:53:52	562	03:02:25			03:02:25	626	
1045	751	173	Anthony	Sherlock	30-34	Nenagh Triathlon Club	TN0901455-1580	00:28:55	485	00:03:17	559	01:27:13	627	00:02:16	573	01:01:08	635	03:02:51			03:02:51	627	
151	752	155	Kevin	McMahon	35-39		One Day Licence	00:25:37	277	00:05:46	649	01:29:49	645	00:03:56	653	00:57:49	618	03:03:00			03:03:00	628	
889	753	174	Karl	Cleere	30-34		TN0906578	00:38:43	649	00:03:16	556	01:25:20	610	00:01:51	467	00:54:33	572	03:03:48			03:03:48	629	
967	755	175	Jack	Layden	30-34		One Day Licence	00:34:05	622	00:04:35	631	01:28:57	641	00:01:35	363	00:55:05	578	03:04:19			03:04:19	630	
556	756	57	Niall	O connor	45-49	Limerick Tri Club	tn0905337-2292	00:37:32	646	00:02:38	477	01:18:59	493	00:02:57	637	01:02:11	642	03:04:20			03:04:20	631	
985	757	176	Owen	Mcallister	30-34		TN0905061-1880	00:33:10	611	00:02:14	380	01:27:52	636	00:01:42	412	00:59:45	633	03:04:46			03:04:46	632	
714	759	156	Donnchadh	Harrington	35-39		One Day Licence	00:40:34	659	00:05:11	641	01:24:38	600	00:02:27	602	00:52:08	527	03:05:00			03:05:00	633	
851	760	157	Declan	Whelan	35-39	no	TN09066053352	00:33:09	610	00:03:22	564	01:29:08	644	00:02:19	582	00:57:01	607	03:05:02			03:05:02	634	
110	761	93	Ciaran	Kelly	25-29		TN0905202	00:34:14	626	00:03:37	591	01:34:34	653	00:02:21	588	00:50:15	482	03:05:03			03:05:03	635	
827	762	158	Barry	Rafferty	35-39	Setanta Tri	tn0906582	00:45:22	667	00:02:21	413	01:11:40	239	00:01:54	483	01:03:57	649	03:05:17			03:05:17	636	
498	763	17	Tom	Kennedy	50-54		One Day Licence	00:43:57	666	00:04:32	629	01:23:06	581	00:01:56	490	00:51:47	518	03:05:21			03:05:21	637	
63	764	107	Robert	Duggan	40-44		TN0905653	00:31:08	577	00:01:52	250	01:41:00	658	00:02:19	582	00:49:21	452	03:05:42			03:05:42	638	
693	765	159	Diarmuid	Flavin	35-39		One Day Licence	00:29:52	535	00:04:13	619	01:28:15	638	00:02:33	608	01:01:13	636	03:06:09			03:06:09	639	
942	767	177	Dermot	Haugh	30-34		One Day Licence	00:42:06	663	00:04:06	609	01:24:57	605	00:01:48	451	00:53:31	556	03:06:31			03:06:31	640	
459	768	108	Ivor	Cummins	40-44		TN0905119	00:33:49	621	00:03:21	563	01:28:50	640	00:02:09	558	00:58:51	629	03:07:02			03:07:02	641	
544	769	109	James	Moran	40-44		TN0904309	00:29:56	538	00:03:35	583	01:26:55	623	00:02:48	625	01:05:30	655	03:08:47			03:08:47	642	
625	770	160	Eric	Bates	35-39	Midlands Triathlon Club	SN0902835-81	00:33:26	616	00:02:37	471	01:25:53	615	00:02:02	523	01:05:02	653	03:09:03			03:09:03	643	
450	772	110	Darragh	Conway	40-44	DARRAGH CONWAY	One Day Licence	00:34:10	624	00:04:04	608	01:33:47	652	00:02:02	523	00:55:53	591	03:09:59			03:09:59	644	
88	774	58	Paul	Hales	45-49		One Day Licence	00:35:15	631	00:03:14	554	01:25:41	613	00:02:09	558	01:04:07	651	03:10:29			03:10:29	645	
637	775	94	Rory	Burke	25-29		TN0906388	00:33:42	619	00:03:05	536	01:31:29	649	00:02:34	609	00:59:46	634	03:10:39			03:10:39	646	
576	776	18	Sean	Roche	50-54	Waterford Triathlon Club	TN0906395	00:37:23	643	00:04:17	621	01:27:31	631	00:02:18	578	00:59:21	631	03:10:52			03:10:52	647	
441	778	111	Laurence	Clarke	40-44		TN0900277	00:41:59	662	00:05:38	648	01:16:26	422	00:02:54	633	01:04:02	650	03:11:02			03:11:02	648	



Race No	Position	Age Category	First name	Surname	Age Category	Club	Triathlon Ireland Info	Swim Leg Time	Swim Rank	T1 Time	T1 Time Rank	Cycle Leg Time	Cycle Rank	T2 Leg Time	T2 Time Rank	Run Leg Time	Run Rank	Chip Time	Penalty Time	Penalty Reason	Finish time	Adjusted Ranking
479	779	112	Mark	Grimes	40-44	Mark Grimes	TN0902336		#N/A		#N/A		#N/A		#N/A		#N/A	03:11:19			03:11:19	649
1049	780	178	Cathal	Spellman	30-34		TN09059472778	00:37:00	642	00:04:07	611	01:27:33	632	00:02:02	523	01:02:09	641	03:12:54			03:12:54	650
925	781	179	Matt	Egan	30-34		TN0905208	00:29:21	510	00:08:52	662	01:27:46	635	00:10:40	662	00:56:24	597	03:13:05			03:13:05	651
1017	782	180	Philip	O'connor	30-34		One Day Licence	00:35:27	632	00:02:48	503	01:37:04	655	00:01:19	202	00:56:24	597	03:13:05			03:13:05	651
703	785	95	Thomas	Gethings	25-29		TN0906777	00:39:22	653	00:05:33	646	01:26:07	617	00:01:50	463	01:01:18	638	03:14:12			03:14:12	653
856	787	161	Gordan	Woulfe	35-39		TN0900262	00:30:55	571	00:04:10	614	01:28:22	639	00:04:11	656	01:06:41	656	03:14:22			03:14:22	654
428	788	113	Lothar	Bredl	40-44		TN0902277	00:25:47	286	00:06:31	652	01:44:35	660	00:02:37	615	00:54:56	576	03:14:29			03:14:29	655
436	789	114	Martin	Carroll	40-44		TN0900605	00:39:54	658	00:06:54	655	01:21:40	559	00:02:54	633	01:03:07	645	03:14:32			03:14:32	656
557	791	115	Ciaran	O donovan	40-44		TN0901088-1432	00:39:05	651	00:04:24	626	01:27:01	626	00:01:32	341	01:03:23	647	03:15:26			03:15:26	657
712	795	14	Laurence	Hamill	23-24		SN0904543	00:35:04	630	00:02:37	471	01:31:18	648	00:01:19	202	01:08:00	659	03:18:19			03:18:19	658
876	796	181	Niall	Brennan	30-34		TN0903371	00:34:12	625	00:04:55	638	01:27:19	628	00:03:11	642	01:08:51	660	03:18:30			03:18:30	659
741	798	162	David	Lalor	35-39	Naas Tri Club	TN0906839	00:36:58	641	00:05:29	645	01:26:37	621	00:03:38	652	01:07:44	657	03:20:29			03:20:29	660
510	800	116	Daire	Mac phaidin	40-44		TN0903416	00:39:30	654	00:04:53	637	01:33:03	651	00:02:04	535	01:02:16	643	03:21:49			03:21:49	661
584	804	117	Declan	Scanlan	40-44		One Day Licence	00:40:37	660	00:08:51	661	01:36:10	654	00:03:26	648	00:57:18	611	03:26:24			03:26:24	662
887	805	182	Michael	Cassidy	30-34		One Day Licence	00:37:28	645	00:02:22	420	01:31:07	647	00:02:41	618	01:13:13	662	03:26:53			03:26:53	663
872	806	183	Patrick	Bracken	30-34		One Day Licence	00:49:59	668	00:06:12	651	01:29:04	643	00:05:28	659	00:56:08	592	03:26:54			03:26:54	664
466	807	59	Gerard	Doherty	45-49		One Day Licence	00:36:08	638	00:05:12	642	01:39:28	657	00:03:15	643	01:03:19	646	03:27:24			03:27:24	665
643	808	96	Andrew	Carroll	25-29		One Day Licence	00:24:24	199	00:05:06	640	01:13:18	307	00:03:09	641	01:42:23	664	03:28:23			03:28:23	666
591	810	60	Cathal	Spelman	45-49		One Day Licence	00:29:47	530	00:08:01	660	01:47:56	661	00:05:54	660	01:01:43	639	03:33:24			03:33:24	667
710	811	163	Dermot	Guiney	35-39		One Day Licence	00:31:32	590	00:03:10	544	01:53:27	662	00:01:21	216	01:08:54	661	03:38:26			03:38:26	668
573	812	61	Tony	Redmond	45-49	Racing795		00:43:00	665	00:07:33	658	01:38:58	656	00:03:35	650	01:07:57	658	03:41:05			03:41:05	669
843	813	15	James	Sullivan	23-24		One Day Licence	00:39:32	655	00:08:56	663	01:56:37	663	00:04:37	657	00:57:48	617	03:47:33			03:47:33	670
448	814	62	Gerard	Conlon	45-49		TN0904020	00:36:48	640	00:09:18	664	01:43:02	659	00:02:41	618	01:21:35	663	03:53:26			03:53:26	671